



27th Special Operations Medical Group



2016 Fall Closures (Current as of 31 October 2016)

2 Nov (WED)	27 SOMDG Full-Training Day CLOSED all day
11 Nov (FRI)	Veteran's Day (CLOSED all day)
14 Nov (MON)	AFSOC Family Day (CLOSED all day)
24 Nov (THURS)	Thanksgiving Day (CLOSED all day)
25 Nov (FRI)	AFSOC Family Day (CLOSED all day)
7 Dec (WED)	27 SOMDG Half-Training Day CLOSED 0730 to 1300
9 Dec (FRI)	MDG Open House (CLOSED after 1300)
23 Dec (FRI)	AFSOC Family Day (CLOSED all day)
26 Dec (MON)	Christmas Observed (CLOSED all day)
30 Dec (FRI)	AFSOC Family Day (CLOSED all day)
2 Jan (MON)	New Year's Observed (CLOSED all day)

Message from the 27 SOMDG Allergy/Immunization Clinic:

Flu shots are now available for all active duty, family members, and retirees at the 27 SOMDG Allergy/Immunization Clinic.

This Clinic is open from 0730 to 1630 Monday through Friday (except Holidays, Wing down-days, and 27 SOMDG training days) on a walk-in basis, so an appointment is not required.

Please bring your immunization record if you have received vaccines anywhere other than a Military Treatment Facility (MTF).

Did you know that anyone with an egg allergy can safely receive their annual flu shot at the 27 SOMDG Allergy/Immunization Clinic? Patients with egg allergies observation time has been shortened to 15 minutes after receiving flu vaccine.

For more information about how serious flu can be and the benefits of flu vaccination, talk to your doctor or other health care professional, visit the CDC influenza website, or call 1-800-CDC-INFO.

As a reminder, the flu vaccine is a 4 hour DNIF for flyers.

Message from the 27 SOMDG: Sick Call

Just a friendly reminder that **sick call is only available to Flyers** in Flight Medicine.

Flight Medicine Walk-in Flyer Sick Call: 0730 M-F & 1300 M-W, F

Sick Call is NOT available to non-Flyers, dependents, or retirees in Family Health.

The only services walk-ins are available for to all beneficiaries are:

Family Health & Pediatrics Walk-Ins: M-F 0800-1100 & 1300-1500

- Sore Throats
- Urinary Tract Infections
- Vaccinations
- Pediatric Weight Checks
- Pregnancy Tests
- Cough/Cold CBT

If you are a Non-Flyer, dependent, or retiree and need medical assistance, you must call the appointment line at (575) 784-2778 anytime from 0700 to 1600 on Monday through Friday or send a message to your Provider team via MiCare.

If you have immediate healthcare needs afterhours, on weekends, or on down days, contact the Nurse Advice Line at 1-800-TRICARE.

Message from the 27 SOMDG Optometry Clinic:

The 27 SOMDG Optometry Clinic will only be examining Active Duty personnel due to manning reductions beginning September 6, 2016.

TRICARE Prime **family members** can be seen off-base **once per year** and TRICARE Prime **retirees** can be seen off-base **every other year** by an Optometrist who accepts TRICARE- a referral is **not** needed.

To find an Optometrist who accepts TRICARE, please visit: www.uhcmilitarywest.com

In the event of a severe eye injury, please call 911 or go to the Emergency Room.

Message from the 27 SOMDG Optometry Clinic to Active-Duty Beneficiaries:

Cannon AFB Optometry will be placing the Corneal Refractive Surgery program on hold until further notice due to manpower reductions.

If you have any questions, concerns, or would like more information- please contact the Optometry Clinic:

COMM: (575) 784-1102 or DSN: 681-1102

Email: 27SOAMDS.Optometry@us.af.mil

Message from the 27 SOMDG: Newborn Information for Expecting Mothers

Topic #1 MPS Newborn Checklist Requirements (parent's responsibility):

1. Register newborn in DEERS: Submit a birth certificate, a letter from the hospital verifying birth, or record of adoption to the MPS (in person).
2. Enroll newborn in TRICARE: Call United Healthcare at 1-877-988-9378 (*see Topic #2 below*).
3. Bring newborn's social security card to MPS within 45 days after birth.
4. Update Service-member's Group Life Insurance (SGLI) at your MPS or CSS.
5. Visit the Legal Office to update any wills or powers of attorney, if necessary.
6. Complete a Family Care Plan and receive a briefing from your First Sergeant if you are mil-to-mil or a single parent and you have dependent children in your household.
7. Visit the Finance Office to update family status.
8. Complete a new Virtual Record of Emergency Data (vRED).
9. If a newborn is born to unmarried parents: Male active duty parents should submit court ordered paternity test results to MPS & make sure the birth certificate or letter from the hospital verifying birth include the father, mother and infant's information (*does not apply to female active duty parents*).

Topic #2 TRICARE Newborn Eligibility and Enrollment:

TRICARE Prime: Children of Active Duty Service Members (ADSMs) are automatically covered as TRICARE Prime beneficiaries for 60 days after birth or adoption. To ensure that your child has continuous TRICARE Prime coverage on day 61 and after, the sponsor must take action within the first 60 days of birth or adoption:

- **First:** Register your child in the Defense Enrollment Eligibility Reporting System (DEERS) at the MPS. Bring a birth certificate, a letter from the hospital verifying birth, or record of adoption.
- **Second:** Enroll your child in TRICARE Prime by calling United Healthcare at 1-877-988-9378 (*preferred*) or stopping by the 27 SOMDG TOPA/TRICARE Office to complete a paper enrollment.

If you do not enroll your child in TRICARE Prime by day 61, he or she will be covered under TRICARE Standard and TRICARE Extra (*the child will not be seen at the on-base clinic, he or she must be seen by an off-base provider and copays may apply under the Standard/Extra option*). If your child is not registered in DEERS within one year after the date of birth or adoption, your child will lose all TRICARE coverage until he or she is registered in DEERS.

Topic #3 Moms & Babies Program:

- **For ladies who deliver in the local area:** Plains Regional Medical Center (PRMC) sends a list of deliveries done in their facility WEEKLY to the 27 SOMDG Pediatrics Clinic.

The 27 SOMDG Pediatrics Clinic will contact these new moms and assist with completing the following:

1. Making sure the newborn has the 1-3 day check-up with an on-base or off-base provider.
 2. Making sure a second phenylketonuria (PKu) test is completed for the newborn 10-14 days after birth.
 3. Reminding mom that she will need to schedule her Post-partum appointment downtown with the same provider that did her delivery (4 weeks with C-section & 6 weeks with vaginal delivery).
 4. Reminding sponsor to register the newborn in DEERS at the MPS and enroll the newborn in TRICARE by calling United Healthcare at 1-877-988-9378.
 5. Mini-registering the newborn so a 2 week well baby check appointment can be scheduled.
- **For ladies who deliver outside the local area:** The clinics outside of the local area do not stay in contact with the 27 SOMDG Pediatrics Clinic. It is the parent's responsibility to call the 27 SOMDG Pediatrics Clinic within a week of delivery to have the newborn mini-registered.

- **Program Coordinator:** A1C Raechel Waite
- **Assistant POC:** Nancy Gilestra, RN
- **Phone:** (575) 784-7316

2016 Changes to TRICARE Retail Pharmacy Network

Express Scripts Inc. (ESI), the TRICARE pharmacy contractor, will implement a change to the TRICARE retail pharmacy network beginning on December 1, 2016.

This change will **add all Walgreens pharmacies** to the network, **removing all CVS pharmacies**, including those in Target stores.

Beneficiaries who continue to fill a prescription at CVS after the change will pay the full cost of their prescription up front and will need to file a claim for partial reimbursement as they would for any other non-network pharmacy.

The vast majority of TRICARE beneficiaries will still have a network pharmacy conveniently located near where they live or work and will still have access to more than 200 military pharmacies and TRICARE pharmacy home delivery.

- If a prescription is filled at a Walgreens before December 1, 2016, it will be a non-network pharmacy and beneficiaries will have to pay the full cost of the medication up front and file for partial reimbursement.
- Beneficiaries can transfer their prescription to Walgreens before December 1, 2016. If they fill a prescription at Walgreens before then, they will have to pay the full cost of the medication up front, and file for partial reimbursement. After December 1, 2016, beneficiaries will pay the usual in network TRICARE pharmacy costs.
- Maintenance (drugs taken regularly for a chronic condition) or specialty prescriptions can be moved to Home Delivery. Beneficiaries can visit www.express-scripts.com/TRICARE to transfer prescriptions, or call ESI at (855) 778-1417.
- Prescriptions can be moved to a military pharmacy, but beneficiaries should always check first with the local military pharmacy to ensure their drug is available. Visit www.tricare.mil/mtf for contact information.

To learn more, please visit www.express-scripts.com/TRICARE.

Pharmacy Resources for Deployed Service Members

by Express Scripts, Federal Pharmacy Services

AS THE ADMINISTRATOR of the TRICARE® pharmacy benefit, Express Scripts is proud to provide world-class service to active duty military, retirees and their families. It is important that those on active duty and those preparing for deployment know of the extra services and support available to them. Assistance is available through the TRICARE Deployment Prescription Program to ensure that beneficiaries will continue to receive their maintenance medications while in theater.

Active Duty Service Members (ADSMs) preparing for deployment need to know that their medicine will be delivered successfully, even in theater. Because it's crucial to take medicine as directed, Express Scripts is committed to delivering prescriptions on time, when and where ADSMs need them. The Deployment Prescription Program is committed to helping ensure deployed men and women receive their long-term medicines with less hassle, fewer delays and the highest level of support.

A beneficiary can participate in the Deployment Prescription Program if they are a deployed service member. There are no copayments for medications and they may receive up to a 180-day supply.

The program is also available to TRICARE-eligible deployed contractor or civil service employees (for example, a retiree or spouse), as well as those obtaining their health care through the Transitional Assistance Management Program. These beneficiaries will need to pay applicable co-pays. Prescriptions through this program are limited to a 90-day supply.

The Deployment Prescription Program is not available to Department of Defense (DoD) contractors or civil service employees with Other Health Insurance (OHI).

For more information, including instructions for enrolling in the program, call 1-855-215-4488 (toll-free) or 1-314-684-7506 Monday through Friday, 8 a.m. – 5 p.m. CT, or email DeployedPrescriptionProgram@Express-Scripts.com.

