

## Community Events

### Rumor control

Will there be a civilian hiring freeze? Why does the gym have limited locker access? Will the privatization of base housing continue?

For answers to these and other questions asked by the Cannon community, go online to the Cannon Intranet site at <https://www2.cannon.af.mil/>. There is also a "submit a question" button available on the site.

### Recruiting team visits

Senior Airmen with more than 36 months time in service through master sergeants with less than 17 years in service are invited to attend the Air Education and Training Command special duty assignment briefing at 10 a.m., Tuesday at the base theater.

An Air Education and Training Command team will brief on available opportunities as a recruiter, military training instructor, technical training instructor or professional military instructor.

Enlisted Airmen from all Air Force Specialty Codes who meet the criteria are encouraged to attend. Spouses are also invited.

To obtain a copy of the application or for more information, call Master Sgt. Darrell Harris at 784-7041.

### Commission opportunities

Representatives from the Air Force Reserve Officer Training Corps, Detachment 10 at the University of New Mexico will discuss commissioning opportunities for Airmen at 11 a.m., Thursday at the Carpet Room in Bldg. 620. They will discuss the U.S. Air Force Academy, Officer Training School and ROTC programs.

For more information, call Master Sgt. Darrell Harris at 784-7041.

### Social/membership drive

The Cannon Officers' Spouses Club will host a social and membership drive at 6 p.m., Thursday in the Escape Room at The Landing.

The event is open to spouses of active duty and retired officers, active duty officer spouses married to active duty servicemembers, and spouses of GS-7s and above.

For more information, call 784-3818.

### Appreciation day volunteers

The following volunteers are needed for Cannon Appreciation Day Aug. 25;

*More Community Events on Page 10*

# MACH METER

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Aug. 18, 2006



PHOTO BY STAFF SGT. APRIL WICKES

## Are you ready for some fun?

Tech. Sgt. Zeke Justus, 27th Equipment Maintenance Squadron holds a DVD player he won during Cannon Appreciation Days last year. This year's day for Airmen and the Cannon community starts at 11 a.m. Aug. 25 at Unity Park. The annual event of fun, food, prizes and activities is courtesy of the Clovis community and the Committee of 50.

## School's in session – watch those bus stops

By Airman 1st Class. Thomas Trower  
27th Fighter Wing Public Affairs

It's time for children to be at the bus stops again. While standing at the bus stop might not seem hazardous, each year children are injured or killed due to accidents within the confines of these critical areas, according to an 8th Air Force safety message.

Most school bus fatalities occur when the bus is stopped and the children are not on the bus, according to the safety message, which added that there is a 10-foot "blind spot" in front of and behind a school bus.

When a school bus is stopped and is loading or unloading children, drivers must stop at least 10 feet away. Violators may face a maximum of \$300 fine or imprisonment, according to New Mexico driving regulations.

A few safety tips on how to safely cross streets and exit a bus may help children avoid mishaps, said Rick Peterson, ground safety manager.

"Students riding a bus to school should arrive at the bus stop early and not horseplay near the road. When riding the bus they should wear their seatbelt if the bus is equipped and stay seated at all times," said Mr. Peterson. When exiting the bus, they

■ See BACK TO SCHOOL, Page 3



PHOTO BY GREG ALLEN

School is once again under way and flashing lights will warn drivers to slow down in school zones. Drivers who fail to stop behind a school bus when the bus is stopped and loading or unloading children, face a fine of up to \$300 or imprisonment in New Mexico.



## NEWS FEATURE

# Incentive program puts best Airmen up in the sky

Story and photos by  
Airman 1st Class Thomas Trower  
27th Fighter Wing Public Affairs

Airmen see and hear the F-16s almost every day.

But only a few have the opportunity to actually fly inside of the cockpit at nine-Gs. Supervisors have a program at their disposal that can be used to give this opportunity to their extraordinary performers.

The Cannon incentive and orientation flight program provides a chance to see their hard work in action. Capt. Christopher Neiman, acting commander of the 27th Security Forces Squadron, was given that opportunity July 28.

Captain Neiman was nominated for an incentive flight by his supervisor for receiving Company Grade Officer of the Year for Cannon in 2005. After the flight was approved by Col. Scott West, 27th Fighter Wing commander, he began to prepare for his flight.

The first stop was at the 27th Medical Group, where the captain received a flight physical and was counseled by a physiologist on the effects of high-G flight on the body. Included in the flight physical, he was taught how to flex his body and control his breathing to avoid gravity induced loss of consciousness (GLOC).

GLOC is normally experienced during high-G flight, due to the body's reaction to the stress being put on it.

After speaking with the physiologist at the clinic, Captain Neiman was cleared to fly in supersonic flight above an altitude of 30,000 feet.

The next stop for the captain's preparation was at the 27th Operations Support Squadron, where he received egress training from Capt. Bryan McGuire, 27th OSS.

In the event of an emergency and the pilot had to eject them from the cockpit, Captain Neiman had to know the proper procedures. A checklist of actions and body positions are engraved into the captain's mind through repetition. Once out of the cockpit he is taught how to fix minor problems that could arise with the parachute or upon landing.

While it is unlikely, some emergencies occur while the aircraft is on the ground. The egress training also covers proper evacuation of the jet in the event of a fire or other emergency. After Captain McGuire was satisfied that Captain Neiman knew the proper procedures, they finished the class practicing the proper



Capt. Bryan McGuire (left) and Jonathan Bowen (right) instruct Capt. Christopher Neiman on the proper technique of ejecting from an F-16 at high speeds. Captain Neiman received an incentive flight for being named Cannon's Company Grade Officer of the year in 2005.

way to land on the ground. Whether landing with a parachute or jumping from a cockpit on the ground, a parachute landing fall (PLF) can minimize any damage that can occur due to a high speed impact.

"It gave me a better appreciation for the Air Force core mission and some of the stresses [OG] and [MXG] deal with," said Captain Neiman.

A flight suit was fitted for Captain Neiman by the 523rd Fighter Squadron life support and then a mission brief was conducted before the flight. The pilots went over what maneuvers were going to be performed and how to operate the radio. After a short walk onto the flightline, they boarded the F-16 and prepared to take off.

Their mission took them about an hour and a half and covered a large section of the Pecos Military Operating Area north of Roswell, N.M. Captain Neiman was given the opportunity to control the jet and can say he is qualified at high-Gs.

"The flight was exciting, but demanding," said Captain Neiman. "The best part was being allowed to steer the aircraft through some aerial maneuvers."

Any Airman who has shown they are an exceptional performer can have their supervisor nominate them for an incentive/orientation flight. The selection process is strict and only a few will find themselves in a cockpit flying over Cannon.



After his supervisor nominated him for an incentive flight, Captain Neiman (right) took several pre-flight training courses from Captain McGuire to teach him how to respond in an emergency.



Captain Neiman and his pilot, Capt. Ryan Wartman, leave the flightline after a flight over New Mexico that included tactical maneuvers.



## NEWS

**Organization, involvement help ensure student success**

By Janet Taylor-Birkey  
27th Fighter Wing Public Affairs

Along with buying paper, colored folders and glue sticks every August, most parents of school-age children ask what they can do to help make this school year the best possible.

Students in Clovis and Portales started back to school on Wednesday, and by now a touch of reality has begun to set in. Alarm clocks ringing in early morning hours and the chug of a yellow bus barreling down the road may not hold the allure of a day's adventure, much like they did just three short days ago.

The battle of maintaining enthusiasm and order — both critical to a student's success — is usually won or lost at home. The influx of schedules and homework, coupled with extracurricular activities often throw kinks in the best laid plans of even the most organized families.

The ever-present question for many parents is, "How can we organize our home to provide the best foundation for our children in school?"

In their book, *The Organized Student: Teaching Children the Skills for Success in School and Beyond*, authors Donna Goldberg and Jennifer Zwiebel said the organized student's world consists of three main areas: organization in school, organization at home and time management. Excelling in these areas involves everything from having a

place to keep current class notes to synchronizing home and school schedules, said Ms. Goldberg.

"When a student has a system that works — that allows him to find his homework so it can be handed in,

that helps him break down long-term assignments so they can be completed in a calm and timely manner—then he can focus on learning, instead of rushing through assignments, searching for homework, cramming at the last minute and stressing out about school," Ms. Zwiebel said.

"Life is painful for students who don't meet the expectations of their parents, teachers and peers. Some kids suffer from learning issues and others from disorganization. Whatever the obstacle, its effects are devastating to a child's self-esteem," writes Goldberg.

To help children feel more in control of their home area, parents can allow them to assist in setting up their own systems for a more organized school year. "By involving the student in the process, by supporting him and applauding his successes, and by letting him take responsibility for his system you are investing him

with skills that will serve him well throughout his life," said Ms. Zwiebel, while emphasizing that getting organized is a process and takes time.

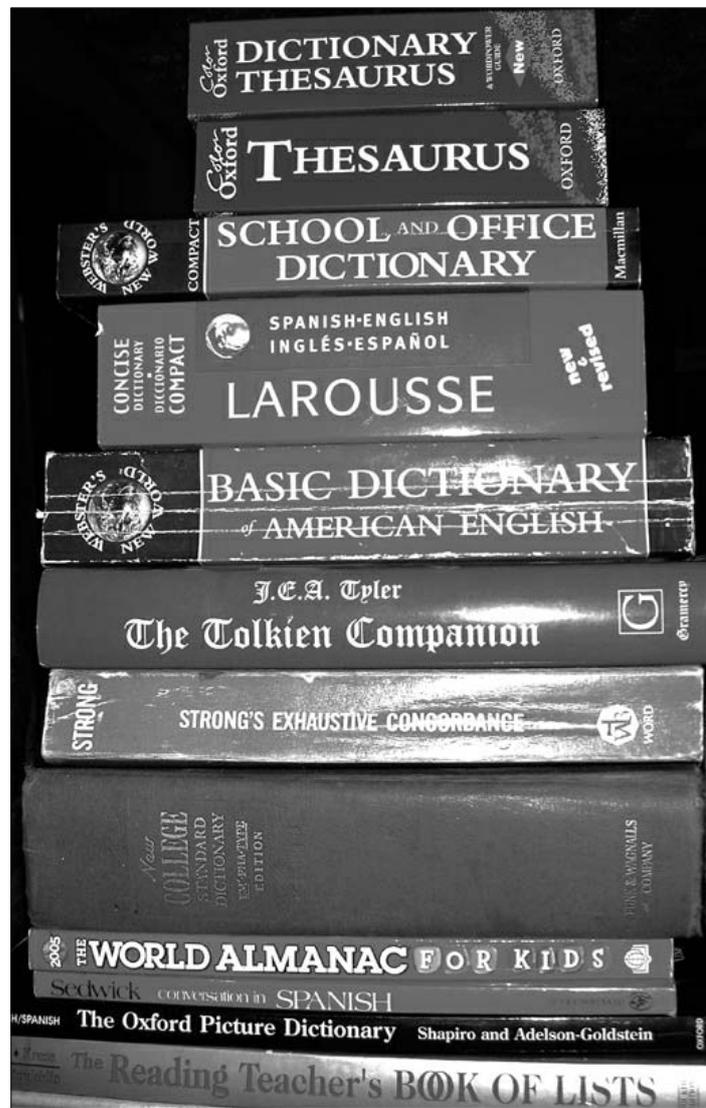
Educators advocate parents being involved with their students, but parents may not know what involvement looks like in practical terms.

To help parents know how to be an active participant in the child's education, the National Education Association suggests the following:

- Reading to your child
- Checking homework every night
- Discussing your children's progress with teachers
- Voting in school board elections
- Helping your school to set challenging academic standards
- Limiting TV viewing on school nights; and
- Becoming an advocate for better education in your community and state.

Along with starting school in August, military families may face restarting the school year at any time due to making a career move or deployment.

Military families can find a variety of helps concerning their children's education at [www.militarychild.org](http://www.militarychild.org). The Web site offers several checklists and resources to help ensure students success and a columnist to answer questions about children of military families and their education.



COURTESY PHOTO

**BACK TO SCHOOL**

Continued from Page 1

should make sure the bus safety lights are flashing and never try to get anything that has fallen under the bus, he said. Children should make sure the driver sees them before crossing in front of the bus and look both ways before crossing the street. Never walk behind the bus.

Children should check the rear of the bus to make sure no cars are coming before stepping off of the bus, said Mr. Peterson.

The Pupil Transportation Institute discovered that more and more motorists are passing school buses on the shoulder of the road, where the door is located.

"School buses are the safest form of highway transportation", said Mr. Peterson, adding that the

most dangerous part of the school bus ride is getting on and off the bus.

Parents who drive their children to school can also help minimize accidents, he said.

Drivers should never make a U-turn near a school, according to the safety message. They should drive around the block or find another route back. Drivers should also never double park near a school. They should pull up to the curb, drop their child off and safely pull away from the school, said Mr. Peterson.

If no curb is approved for parking, park away from the school and walk the children to the school entrance. Also, carpooling minimizes the number of vehicles in a school, he said.

Keeping this simple yet important safety information in mind, said Mr. Peterson would keep children at bus stops safer and perhaps even save a life.

Another safety measure suggested by Staff Sgt. Anthony Hunter, 27th Security Forces Squadron, is for parents to ensure their children have proper identification on them.

He explained that 27th SFS Airmen have hosted ID fairs in housing areas that provided identification cards that include details such as name, address and contact information.

This could be a valuable item, he said, especially for younger children who could become lost during their first few days in a new environment.



## COMMENTARY

# Successful mentoring grooms tomorrow's leaders today

By Maj. Jeremy Novak  
27th Security Forces commander

Since I am currently deployed as a mentor to the Afghanistan National Police in Kabul, I thought I would take this opportunity to write about mentorship. By definition, a mentor is a "close, trusted, and experienced counselor or guide," and mentorship is the "influence, guidance, or direction exerted by a mentor."

In practice, a mentor is an experienced leader or manager who develops less experienced leaders and provides career counseling and sponsorship to these individuals. What it is

not, is an obligation; a hierarchical relationship; a power relationship; a one-sided relationship; a private lesson; a rigid agenda with strict procedures; or a form of therapy.

Many experts argue successful implementation of formalized mentorship programs is very difficult, if not impossible. Regardless of participation in mandatory mentorship, all officers and NCOs should participate in a true mentoring relationship. Due to the high ops tempo and hectic schedules of commanders and senior enlisted advisors, I have rarely seen productive mentoring at an operational unit. This does

not mean senior NCOs and officers should not use some of the communication tips mentioned below to mentor whenever and wherever the opportunity presents itself.

First, try not to give advice. This approach fosters dependency on the part of the protégé and sends the message "you are not able to solve your own problems . . . let me do it for you." Instead, try to discuss options and potential outcomes. By ensuring protégés understand the negative consequences of their decisions, mentors can lead protégés to make good choices.

Do not criticize. People

tend to resist listening to criticism. Instead, explain how the protégé's actions, or lack thereof, will be perceived by others.

Another potential pitfall is "rescuing." People learn from their mistakes. Solving problems caused by a protégé's actions will delay the experience of consequences and lessons learned that come from those mistakes.

Mentors should sponsor their protégé by pointing out positive attributes and potential to others at opportune moments; however, they should not let egos lead to special treatment of a protégé without

regard for talent or merit. Talent and commitment should win out, not favoritism.

Do not hold someone back, even if you do not believe the protégé can do something; encourage the person to try new things and take on tough projects or assignments.

Finally, communication is key: express ideas clearly, maintain a positive attitude about giving and receiving feedback, and always be approachable.

These techniques can also help you successfully mentor the next generation of Air Force leaders.

## Force shaping means taking control of the situation

By Capt. Elaine Larson  
Air Education and Training Command Public Affairs

I'll be honest. I was irked when I learned about Force Shaping. It was certainly not in my plans to have to face the decision to bail on the Air Force I love or face the possibility of being forced out of it so early in my career. But instead of staying mad and grumbling quietly, I decided to take control of the situation and put in the effort needed to ensure success for me and my family. With a lot of hard work and the help of professionals, the disappointment of Force Shaping turned into a vast horizon of opportunities.

In fact, I just accepted a job offer – and not just any job offer. I'll be working for a great company, continuing to serve a purpose greater than myself (and the bottom line), growing as a professional and making more money than I thought possible at this point in my life. With the right preparation, the opportunities for junior military officers have never been greater than they are now. If you have been affected by Force Shaping, or if it's simply time to transition to the cor-

porate world, now is a great time to get started. In fact, according to RHR International, companies expect to lose more than half their senior management during the next five years. The numbers emphasize the reality: 77 million baby boomers are projected to retire, and the entire Generation X behind them (22 to 44-year-olds) consists of only 46 million people. That "bathtub" equals big opportunities for anyone looking to get a new career started.

Another key point to remember when starting a career search is that military experience is valued in today's society. By virtue of the uniform we've worn, we've gained a host of leadership and strategic planning experiences that our civilian counterparts haven't had – not to mention a world perspective that is vastly larger and more informed than the average citizen. So, even though you're starting this career a little later than your peers, you are qualified and valued.

Also, stop and think about what you really want to do with your life. Transitioning out of the Air Force is a very big step and being able to articulate what you want to do and why goes a long way in getting on

the right path. Once you start interviewing, companies want to see conviction about where you want to be. They'll ask questions like: "Why do you want to do medical sales?" "Why do you want to work for Company ABC?" During the interview is not the time to figure that out or convince yourself of some good reasons.

Often, the hardest part of transitioning out of the military is just getting an interview. I know several individuals who spent months sending out resumes with few or no responses. However, corporate recruiters can do the hard part for you – get you the interviews.

But with or without the help of a corporate recruiter, the interviews are where you make or break your career search.

Bottom line is you will get out of your career search what you put into it. The opportunities that await you are worth it. And don't forget that by serving in the Air Force Reserves or Air National Guard, you can work in the corporate world and keep wearing that Air Force blue, too.

### MACH METER

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News articles, local notes and other items for the *MACH METER* should be brought to the 27th Fighter Wing Public Affairs Office, 110 E Sextant Ave. Suite 1099, or e-mailed to the Mach Meter at

27fvmachmeter@cannon.af.mil.

All submissions will be considered for publication based on news value and timeliness.

Every article and photograph will be edited for accuracy, clarity and brevity, conformance with the Associated Press Stylebook and Libel Manual and with Air Force Instruction 35-101. Coverage of upcoming events should be arranged in advance by calling the Public Affairs office at 784-4131.

If you have a suggestion you would like to make, or a kudo you'd like to give, call the **ACTION LINE at 784-2722** — If you have a problem you need resolved, call the responsible agency first so they can provide better service to everyone promptly.

**Deadline for submitting articles is noon Thursday the week prior to publication. Deadline for free classified advertisements is noon the Tuesday prior to publication.**

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*Cannon's  
Dorm of the Quarter*



Capt. Michelle  
Estes,

*27th Aircraft Maintenance Squadron, is congratulated by Col. Scott West, 27th Fighter Wing commander, and presented a check for \$1,250 Tuesday. Chief Master Sgt. Ray Clark, 27th Fighter Wing command chief master sergeant, was also present.*

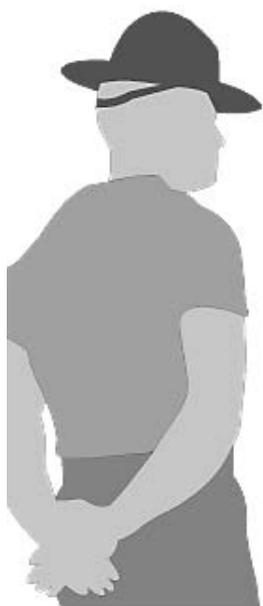
PHOTOS BY TECH SGT. SCOTT MACKAY

*Cannon's  
Dorm of the Quarter*



Maj. Michael  
Shetler,

*27th Components Maintenance Squadron, is congratulated by Col. Scott West, 27th Fighter Wing commander, and presented a check for \$1,250 Tuesday. Chief Master Sgt. Ray Clark, 27th Fighter Wing command chief master sergeant, was also present.*



**Sgt. Afi's 36-2903  
Tip of the Week**

**The wear of "anklets" by military members in uniform is not authorized, in accordance with Air Force Instruction 39-2903, table 2.5. It addresses the wear of bracelets, which are defined as being worn on the wrist, not the ankle.**



## FEATURE

# Accident changes life, but not personality

**“You can be lucky enough to get a second chance, but you never get two lives.”**

By Janet Taylor-Birkey  
27th Fighter Wing Public Affairs

The slight blush on Patty McEldowney's face when she talks about herself belies the fact that she has spunk and spit and is a woman with plenty of opinions – in addition to having a sharp wit and being the office prankster.

This former active-duty Airman, wife and mother to three children, is currently a 27th Fighter Wing base locator operator. She is also a recovering quadriplegic after what should have been a fun-filled family trip in Germany turned into a 16-year challenge.

A part of a skiing group, Patty and her family decided that sledding would be much safer since young children were part of their group.

Looking back, she said she knew they should never have tried sledding the icy slope. “Common sense at the time tells you it's too dangerous, but you let other people make decisions

for you.”

Her common sense was confirmed when she went down the mountain at an estimated 40 miles per hour and was stopped by the side of a building. Patty's children were quickly on the scene and reacted by covering her with their jackets. She said all she remembers thinking was that she was paralyzed and she needed to get off the sled.

Left with a broken neck and paralyzed for 14 days, the prognosis was not good.

Even so, Patty said she was fortunate that a visiting German doctor was willing to do experimental surgery by grafting part of her hip bone to her neck. Feeling like she was being dropped every time she had to be moved and being medicated with drugs that caused delusions did not help many of her symptoms. “It put a damper on my spirits for awhile,” she said, musing over the memories.

The only thing that kept her alive was knowing her children were not hurt, Patty said, and knowing that it could be much worse.

Even though she knew it could be worse, she said, “I have to admit, I did have a lot of anger then.”

However, Patty is convinced that it is her family that helped her the most during recovery.

Upon hearing that Patty probably only had 24 hours to live, her mother, step-father and sister joined her husband, Rusty, at her bedside to encourage her to keep on trying.

Although Patty was convinced she could not move, her

stepfather was not. “He told me, ‘You gotta move, you gotta move. Think about moving.’” Her only reply was, “I can't Jim; I'm paralyzed.” Continuing to lay in the bed for about an hour, she said the first thing she moved was her mind.

Then, Jim noticed she was moving her big toe. Soon after, nurses noticed she kept moving in her bed. The doctor admonished the nurses, “Keep moving her back. Can't you see she's exercising?”

As Patty began the recovery process, the nurses at the German hospital told Patty that in accidents where long rehabilitation is necessary, 97 percent of women will stay married to their husbands, but only three percent of men will stay married to their wives. This proved to be a reality as she heard a husband tell his wife in the bed next to Patty's that she had one year to recover or he would leave her. “My husband is one who stuck by me.”

Refusing to give up in a world full of challenges, Patty is persuaded that life is “full of compromises.” Deciding to make these life compromises kept her family together during military moves to San Antonio and then Turkey, which called for a lot more of compromising.

A two-story house awaited them there, but it was too painful for Patty to go up and down the stairs. She said one of the greatest compromises she made to be with her family was taking showers in a tiny downstairs bathroom for two years and using a plastic cup to wash her hair.

“The military takes so much away from you in the first place, that when you have a chance, even if it's a sacrifice, it's worth making. It's constant sacrifice, but you get the rewards, too. I got to stay with the kids for three years, but more important, my husband while he was serving. He got to see those three kids grow up,” said Patty.

As a part of a military family, Patty understands compromise on many different levels, while knowing both the benefits and the trials. She encourages military families to take

the time to make and honor traditions that tie their family unit, such as having Friday night pizza. She said it's simple, but important.

But along with everyone else, Patty has her limits, even in spite of the optimism through which she views her life. When anger wells up because of her limited mobility, she makes another choice. “You have a choice. You let the anger eat you alive, or you try to find some way to deal with it or to laugh about it.”

Beyond making these choices, she said the most difficult part is being slowed down. “I always say, ‘There's nothing worse than being hyper in a wheelchair!’” Patty said, grinning mischievously.

She insists the accident has not made her a better person, but has urged her to still have dreams and work toward them. “It's made me prove I can do a few things,” she said, which for her means going back to school and having almost enough hours to complete an associate's degree.

When asked, “What do people need to know about those with physical challenges?” Patty answered without reserve. “When somebody is in a wheelchair, the accident is what changed the body, it didn't change the personality. This changed my body; it did not change my personality.”

Her personality would still like to throw a football as she once did with her then six-year old son, or dance as she used to with her children in her home. She occasionally reminds her children of days gone by, and while wistful when confronted with those memories, this new grandma will find new ways to interact with her infant granddaughter. With a smile and a chuckle, Patty said, “I have to teach her everything I know.”

Though the challenges have been plentiful, Patty said she considers herself the luckiest person on earth. “You have a second chance at life to try to do a few things right,” she said. “You can be lucky enough to get a second chance, but you never get two lives.”



PHOTO BY GREG ALLEN

Patty McEldowney is an operator for the 27th Fighter Wing's base locator office. A recovering quadriplegic from a skiing accident 16 years ago, she said the first thing she moved following the accident was her mind.



## FEATURE

## Two Alamo City Airmen vie for 'American Idol' spot

By Tech. Sgt. Phyllis E. Duff  
Air Force News Agency

SAN ANTONIO – A former “Tops in Blue” performer and an Air Force chaplain’s assistant turned Batman are a step closer to stardom.

Staff Sgts. Keith Loudermill and James Warren, both from Randolph Air Force Base, Texas, each earned a “golden ticket” Aug. 11 at the Alamodome here for a shot at becoming the next “American Idol.”

Sergeant Warren admits his Batman gimmick might have been an influence in him making it past thousands of other competitors. When the San Antonio native was selected, he tucked his ticket, just a yellow sheet of paper, under his black cape and walked toward the “loser” doors. He then turned around and revealed the honor to the crowd.

They roared and were on their feet, “like winning the

Super Bowl.” He’ll never forget that moment, he said.

“I’m going to give it my best shot,” Sergeant Warren said, “but it would be a fluke if I made it to the next round, because there are a lot of talented people in this.”

Sergeant Warren nabbed more than 33 minutes of airtime on the four local news networks and many local radio stations. Many people asked why he wasn’t jumping up and down and screaming.

“You’re looking for Joker. I’m Batman,” was his reply.

In a few weeks he will try his talent, or luck, singing a throaty rendition of the song “Hero,” by the band Nickelback.

The other golden ticket winner, Sergeant Loudermill, who works in officer assignments at the Air Force Personnel Center, took the day off to simply try out for the opportunity.

“You just never know,” he said of becoming the next “American Idol.”

In the next round of competition, Sergeant Loudermill, from Pasadena, Maryland, a singer since he was eight, will croon the crowd with “Wind Beneath My Wings.”

The judges could only say, “Wow!” Sergeant Loudermill said. He admits he was worried because literally hundreds of others before him went on stage and were swept away in a flash.

Sergeant Loudermill thinks it would be great if a servicemember made it on the FOX television show.

“We’re the people that really make the American dream a reality,” he said.

Another Airman, dental technician Staff Sgt. Crystal Brown of Lackland Air Force Base, did not make it despite her second year trying.

“They just weren’t ready for me yet,” she said.

“I definitely want to try out for ‘Tops in Blue’ though, before I get out of the Air Force,” said the sergeant from Killeen, Texas.

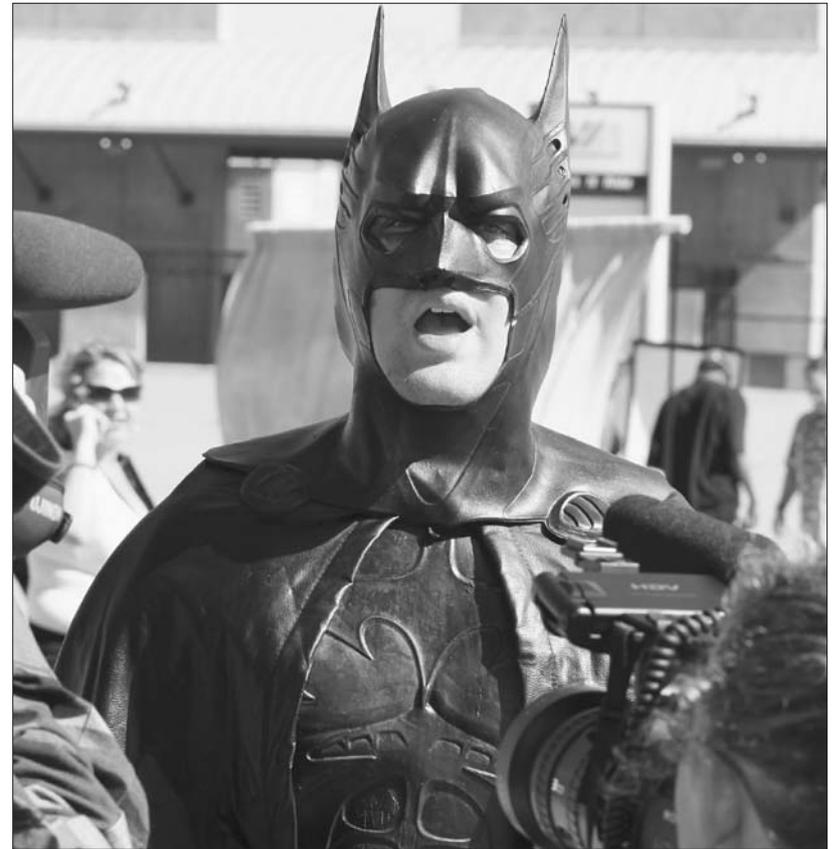


PHOTO BY MASTER SGT. MICHAEL MILLER

Staff Sgt. James Warren sings for the cameras moments after earning his spot in the next round of tryouts for the FOX television show “American Idol” in San Antonio on Aug. 11. More than 4,000 people were in line by 5 a.m., and as many as 8,000 were expected to audition. Sergeant Warren is a chaplain’s assistant at Randolph Air Force Base, Texas.

## AFSO 21 breathes new life into old system

By Senior Airman Clark Staehle  
100th Air Refueling Wing Public Affairs

ROYAL AIR FORCE MILDENHALL, England – The 100th Logistics Readiness Squadron here has streamlined the way its receiving shop conducts business using the Air Force Smart Operations for the 21st Century concept.

The material maintenance flight began by assembling a team from the traffic management, vehicle operations and supply offices here. The flight is responsible for receiving cargo from commercial shippers, processing and inventorying the cargo, and distributing it to customers on base.

The first step for the team was to draft a value-stream map. Senior Master Sgt. Jude Hebert, the flight superintendent, said a value-stream map contains two step-by-step lists: one shows the current process and the other shows the process as it would run under perfect conditions.

Part of getting to the perfect state involves identifying and cutting non-value-added processes.

“Think about a non-value-added process like

going to the grocery store,” said Capt. Troy Basnett, the 100th LRS Material Maintenance Flight chief. “When you’re shopping, you put food in your cart. At the check-out line, you put food on the conveyor belt and the baggers bag it. At your car, they take the groceries and set them on the ground for you to pick up and put in your car.

“Putting the groceries on the ground instead of directly in the car is like a non-value-added process,” he said. “It creates another step, and it doesn’t get you home faster.”

When the team examined the receiving shop, there were a lot of non-value-added processes. The facility door was broken. Drivers were dropping cargo on the pavement in front of the door.

The Airmen would then move the cargo to the back of the building and place it in a queue with other pallets. They had to wait until the shop forklift was available to bring pallets to the computer for processing. The cargo was taken off the pallets and placed in holding areas for delivery. The shop had four daily delivery times, two urgent and two regular.

If a driver had an urgent run to a certain

building, he or she would take the urgent package instead of all the packages scheduled for the building, Sergeant Hebert said. That meant a package could sit in the warehouse for 18 hours before delivery. If cargo was dropped off in the afternoon, sometimes it wouldn’t be processed until morning.

Since the reorganization, the shop is running more smoothly. The broken door was permanently opened and an existing chain-link fence is used to secure the facility at night. Trucks can now drive straight into the warehouse where cargo is offloaded onto assembly line rollers. There, the packages can be moved and processed more efficiently. Once it reaches the end of the line, cargo is loaded onto delivery trucks.

Deliveries now run once an hour, and increased deliveries mean smaller trucks can be used, saving on fuel costs.

Rearranging the office took a couple of weeks and cost nothing.

“We have more savings than cost, but we haven’t spent a dime,” Sergeant Hebert said. “AFSO 21 affects not only us, but how we service the customer and the entire wing.”



## COMMUNITY EVENTS



PHOTO BY GREG ALLEN

### ***Pet of the Week***

This young female spaniel-mix has a long, smooth coat, a curly tail, loves to play and is available for adoption. For information on him or other available pets, call the Family Support Center at 784-4228.

■ **Continued from page 1**

6-8 a.m. – 10 Volunteers to set up grills, bouncy castles and other outdoor equipment

8-11 a.m. – 10 Volunteers to fill soda boats/prepare other outdoor events/continual set up

11 a.m. – 1 p.m. – 10 Volunteers for the outdoor games

1-4 p.m. – 10 Volunteers for the outdoor games

4-5 p.m. – 10 Volunteers to tear down and clean up

For more information, call 784-6381.

### **New legal hours**

The following new legal assistance hours will go into effect Sept. 1:

Monday – Walk ins, 1-3 p.m.; Will execution, 3:30 p.m.

Tuesday – Appointments only, 9 – 11 a.m.; Will execution, 11:30 a.m.

Wednesday – Walk ins, 9-11 a.m.; Will execution, 11:30 a.m.

Thursday – Appointments only, 1-3 p.m.; Will execution, 3:30 p.m.

For more information, call 784-4411.

### **OSI looking for junior NCO reserve volunteers**

The Air Force Office of Special Investigations is recruiting to fill the command's Reserve individual mobilization augmentee E-5 and E-6 special agent positions.

Interested applicants can contact OSI Reserve Affairs for more information at (240) 857-0866, DSN 857-0866 or [mary.mesa@ogn.af.mil](mailto:mary.mesa@ogn.af.mil).

To find out more about the Air Force Office of Special Investigations, visit <http://public.afosi.amc.af.mil/>.

### **NCO retraining**

The fiscal year 2007 noncommissioned officer retraining program begins Oct. 1 and targets approximately 1,113 NCOs in the ranks of staff sergeant through senior master sergeant in overage Air Force Specialty Codes. The voluntary phase runs through Sept. 18. If necessary, an involuntary phase will begin shortly afterward.

For more information, Airmen should contact their commander support staff.



## FEATURE

# Air Force theater hospital doubles surgeries treating Iraqis

Story and photo by  
Lt. Col. Bob Thompson  
332nd Air Expeditionary Wing  
Public Affairs

BALAD AIR BASE, Iraq – Air Force theater hospital records indicate that in the past year the number of combat-wounded Iraqis is increasing while U.S. casualties seen at the hospital are beginning to decrease.

In a strange twist, this means more work for the Air Force and Army surgeons who performed more than 1,200 surgical procedures in July, nearly doubling April's tally.

Today, the ratio of trauma patients is about 40 percent U.S. and 60 percent Iraqi, said Col. George Costanzo, 332nd Expeditionary Medical Group commander here. Eight months ago, the ratio was about 57 percent U.S., 45 percent from Iraq and about 8 percent from other countries.

These ratios have a direct bearing on the number of surgical procedures the doctors must perform, the colonel said. For American patients, the goal is to stabilize them and get them on their way out of theater to the next level of higher care as soon as possible.

American trauma patients usually average only about 25 to 26 and a half hours in Iraq before being shipped to Germany, said

Maj. (Dr.) Cabot Murdock, Air Force thoracic surgeon here. Sometimes it is less than six hours.

To stabilize American trauma patients for movement often requires a couple of operations. However, many Iraqi patients don't have immediate access to higher medical care so they stay at the hospital longer, requiring procedures beyond stabilization and follow-up care to prepare them for release.

When you add up combat-wounded and the routine patients with minor illness or sprained ankles, the hospital sees an average of about 700 sick and injured patients a month, Colonel Costanzo said. Of that, about 500 are U.S. troops; about 170 are Iraqi soldiers, police and civilians. About 30 are other nationalities including insurgents, unknowns and contractor employees from other countries.

The insurgents say they do Jihad against the Americans but what they do is kill innocent civilians, said Ali, an Iraqi soldier who asked that his full name not be used. Ali is a patient in the intensive care ward here being treated for roadside bomb injuries he received near the Syrian border.

Through an interpreter, he said that the care he has received was above his expect-

tations and that the doctors do not differentiate between Iraqis and U.S. troops. All were treated the same.

Another Iraqi patient, Ahmed, who also asked that his full name not be used, stated that he had received excellent care, too. He was recovering from being shot Aug. 6 by a sniper in the Ar Ramadi province. He said he was not surprised to get injured because the province is very dangerous.

Fighting insurgents and trying to stop violence between religious factions is a difficult challenge because none wear uniforms, and all factions target civilians, Iraqi Police, Iraqi army and American troops.

However, surgeons at the Air Force Theater Hospital treat all based on medical needs.

We like to say that political and religious differences stop outside the door, Colonel Costanzo said. We prioritize patients based on the severity of their injuries so that everyone gets the same quality of treatment no matter who they are.

It surprised me, but it doesn't bother me to treat detainees, said Capt. (Dr.) Paul DeFlorio, an emergency room doctor deployed from Lackland Air Force Base, Texas. Captain DeFlorio teaches at the Wilford Hall



Maj. (Dr.) Cabot Murdock (right) works to repair the blood vessels in the thigh of an insurgent who was wounded Aug. 7. Performing more than 1,200 surgical procedures in July, Major Murdock and his fellow surgeons at the 332nd Expeditionary Medical Group nearly doubled the count from three months earlier. Major Murdock is a vascular surgeon.

Medical Center, one of the largest military hospitals in the United States. The center handles about 120 trauma cases per month. Here, the hospital averages about 250.

"It's one thing to see it written as part of the rules

that say you're supposed to, but before I got here, I wasn't sure how I'd feel about it," the captain said about treating insurgents. "I guess your medical instincts kick in to take care of the patient, no matter who he is."

## Air Force releases survey results

*Courtesy of Air Force Press Service*

WASHINGTON – The Air Force has launched Phase 2 of its climate survey, focused on Air Force culture.

This online survey is part of a large-scale study to understand the culture at large: the values, beliefs and expectations that shape people's everyday behavior. This effort differs from the usual climate survey, which examines command climate in particular units at specific points in time.

In order to reduce the survey burden

on the Air Force population, a randomly selected subset of more than 300,000 Air Force civilian, Guard, Reserve and active-duty members were sent direct e-mail invitations to participate in the survey. However, maximum participation is desired for this important undertaking.

All Air Force members willing to participate in the survey are encouraged to access it anytime at the secure Web site at [www.afclimatesurvey.af.mil/phase2](http://www.afclimatesurvey.af.mil/phase2). The survey takes about 30 minutes to complete and will be available through Sept. 10.

Because culture extends beyond particular leaders or units, unit-specific

reports will not be generated as they were for Phase 1. The RAND Corporation, a nonprofit research institution with a long history of working with the Air Force, will prepare a report for senior military and civilian Air Force leaders on the survey results. The survey findings will be enhanced by a series of focus groups on Air Force culture at bases around the country.

The results of both the surveys and focus groups will be used to document aspects of the organization's culture that have never before been captured, and to help inform senior leaders of Air Force culture and force development efforts.



## SPORTS &amp; HEALTH

## Air Force wins golf tournament

By Staff Sgt. Raymond Hoy  
30th Space Wing Public Affairs

VANDENBERG AIR FORCE BASE, Calif. (AFPN) – The Air Force capitalized on its home-course advantage to capture the 2006 Armed Forces Golf Championship on Aug. 11 at the Marshallia Ranch Golf Course here.

Air Force golfers took top honors at the conclusion of the four-round tournament, winning the men's and women's team competitions, as well as the individual men's and women's competitions.

In the individual men's competition, it was Air Force's Jeffrey Scohy from Maxwell Air Force Base, Ala., who shot a fourth-round 68. He was able to come back from fourth place to win the championship over the Navy's Rod Frank of Fort Meade, Md.

"(The fourth round) was by far my best round," Scohy said. "I birdied the first hole, but only finished even for the front nine. On the back nine, I birdied three of the last four holes."

Scohy started off the last round two strokes behind Frank and the Army's Pete Mangold of Fort Jackson, S.C. He was two strokes behind Mark Gardiner from Scott AFB, Ill.

In the last group of the fourth and final round were Frank, Mangold and Gardiner. Scohy was in the group just in front of them, which put him in an uncomfortable situation.

"I had no idea how they were doing," he said.

However, this may have ended up helping Scohy in the long run.

"If I was in that last group, I think I would have been swinging a lot more timid," he said. "Instead, I was just swinging like I was behind, shooting for birdies."

Frank finished the first round in first place, then gave up that lead to the Air Force's Arnell Garza from Fairchild AFB, Wash. However, he regained the lead after the third round.

The women's individual tournament ended with Air Force's Linda Jeffery from Little Rock AFB, Ark., finishing nine strokes ahead of her closest competitor and fellow Airman, Maria Gronning of Nellis AFB, Nev.

The Air Force women's team won in demanding fashion. At the end of the tournament, the team finished 125 strokes ahead of the Army and 146 ahead of the Navy.

The men's team competition was a little closer. The Air Force went into the fourth round with a good lead; however, some golfers on the team were having some rough holes in the last round of play.

The fact that the other services came into the tournament having never played at Marshallia Ranch and did so well was a testament to their skill.

"To come here cold and golf the way they were was very impressive," Scohy said. "This is a very tough course."

Air Force golfers had the luxury of golfing their services' tournament here last week.

The top six men and top two women from the tournament move on to represent the U.S. armed forces in the Couceil International Du Sport Militaire, or CISM, at the Galway Bay Golf and Country Club in Galway, Ireland.



PHOTOS BY TECH. SGT. CAREFREE ZELHART

## Le Tour de Cannon conquerors

Capt. Glen Stowers, left, 27th Logistics Readiness Squadron, and Capt. Mila French, 27th Aeromedical Dental Squadron, took top individual honors in the Le Tour de Cannon challenge Aug. 5. that challenged the running and bicycling abilities of Cannon athletes. The top team was composed of 1st Lt. Jeremiah Kirschman, 2nd Lt. Benjamin Sears and Chris Maher, all assigned to the 27th Contracting Squadron. Individuals and three-person teams completed a 5K run, bicycled 15.5Ks, and finished with another 5K run.

## Marathon looks for relay teams

By James Baker  
88th Air Base Wing Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio – The 10th Annual U.S. Air Force Marathon on Sept. 16 offers the option of running on relay teams.

The four-member teams have each person running a specific leg of the marathon. The team's total elapsed time will determine the winner.

If a relay team has less than four members on race day, one or more runners must run consecutive legs. Runners must also choose to either run the relay or the marathon, but can't run both.

"You don't have to run as much in the relay, but you still get the same great benefits," said Rachel Claridy, U.S. Air Force Marathon coordi-

nator. "It is truly a team effort."

Four stages are divided into intervals of five miles, seven miles, 7.5 miles and 6.7 miles to finish the race.

Categories of team competition for the relay include coed (with at least one team member from each sex); men's open; women's open; masters (all members must be at least 40 years old on race day); ROTC; and military (all members must be on active-duty, Reserve or National Guard status in the United States or foreign military).

Anyone interested in registering for the 2006 U.S. Air Force Marathon may sign up at [www.usafmarathon.com](http://www.usafmarathon.com). Sept. 8 is the deadline to register online. Registration may also be done at the Sports and Fitness Exposition Sept. 14 and 15 at the Ervin J. Nutter Center near Wright State University in Fairborn.



## SERVICES

# Cannon library seeks tutors, volunteers

By Janet Taylor-Birkey  
27th Fighter Wing Public Affairs

**C**annon library is looking for tutors and participants in their new tutor and reading programs.

Research shows that tutoring is a great way for individuals and groups outside school to support learning, according to the [www.ed.gov](http://www.ed.gov) Web site. Cannon is working to help support learning by pairing volunteers with same-sex children to work on subjects such as English, history, science and math. Volunteers work with subjects and ages they feel most adequate to help with.

Study times are decided on by the parent and the volunteer and are designed to work in school subjects needing extra attention, or to help the student with homework. Students wanting a tutor should be high school grade level or below, said Claire Nieto, program director.

Those interested in volunteering as tutors need to fill out an application at the base library and will undergo a free security check. Volunteers can be military or non-military, but must be 18 years or older.

**R**eading Right is another library program needing volunteers. Reading is the basis for learning and school success, according to the [www.ed.gov](http://www.ed.gov) Web site. Through Reading Right, chil-

dren can develop their literacy skills through reading to a volunteer and being read to.

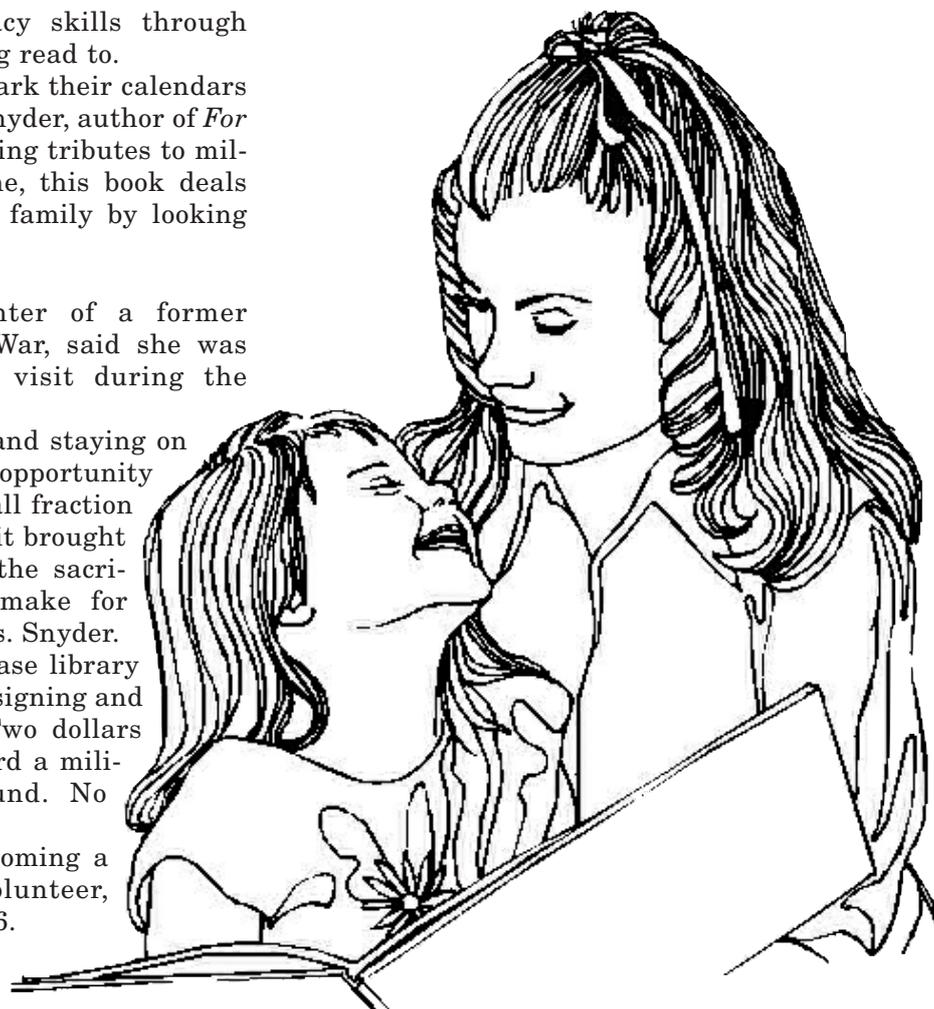
Parents may also want to mark their calendars for August 24 to hear Michele Snyder, author of *For Freedom*, a children's book offering tributes to military families. Released in June, this book deals with growing up in a military family by looking through the eyes of a child.

**M**s. Snyder, the daughter of a former Vietnam Prisoner Of War, said she was inspired by a family visit during the summer of 2005.

"Visiting a military family and staying on a Marine base offered a rare opportunity for a civilian to experience a small fraction of the military lifestyle. The visit brought about a true appreciation for the sacrifices military families must make for their fellow Americans," said Ms. Snyder.

Ms. Snyder will be at the base library at 11 a.m. and 4 p.m. for a book signing and question-and-answer session. Two dollars of every book sale will go toward a military family's or veteran's fund. No federal endorsement intended.

To find out more about becoming a tutor or Reading Right volunteer, contact Claire Nieto at 784-2786.



## What's happening?



COURTESY PHOTO

### In full swing

The Senior Golf League hits the links at 9 a.m. on Tuesday at the Whispering Winds Golf Course.

#### Today

Seafood Buffet – 11 a.m. at The Landing  
Yu-Gi-Oh Challenge Plus – 4 p.m. at the Clovis Community Center\*  
Rib Eye Steaks – 5 to 9 p.m. at The Landing  
Texas Hold'em – 6 .m. at The Landing

#### Saturday

Family Boating – 7:30 p.m. with Outdoor Rec.  
Red Pin Bowling – 6 p.m. to midnight at Cannon Lanes

#### Sunday

Back to School Brunch – 10:30 a.m. to 1:30 p.m. at The Landing  
Dart League – 6:30 p.m. at The End Zone

#### Monday

Melba's Choice Buffet – 11 a.m. to 1 p.m. at The Landing  
Community Theater – 6:30 p.m. at the Central CC

#### Tuesday

Senior Golf League – 9 a.m. at WWGC  
Home Style Buffet – 11 a.m. at The Landing  
Pool Tournament – 4 to 6 p.m. at the Portales CC

#### Wednesday

International Buffet – 11 a.m. at The Landing  
Chicken or Fried Steak – 5 p.m. at The Landing  
Foosball Tournaments – 3 to 5 p.m. at The Portales CC

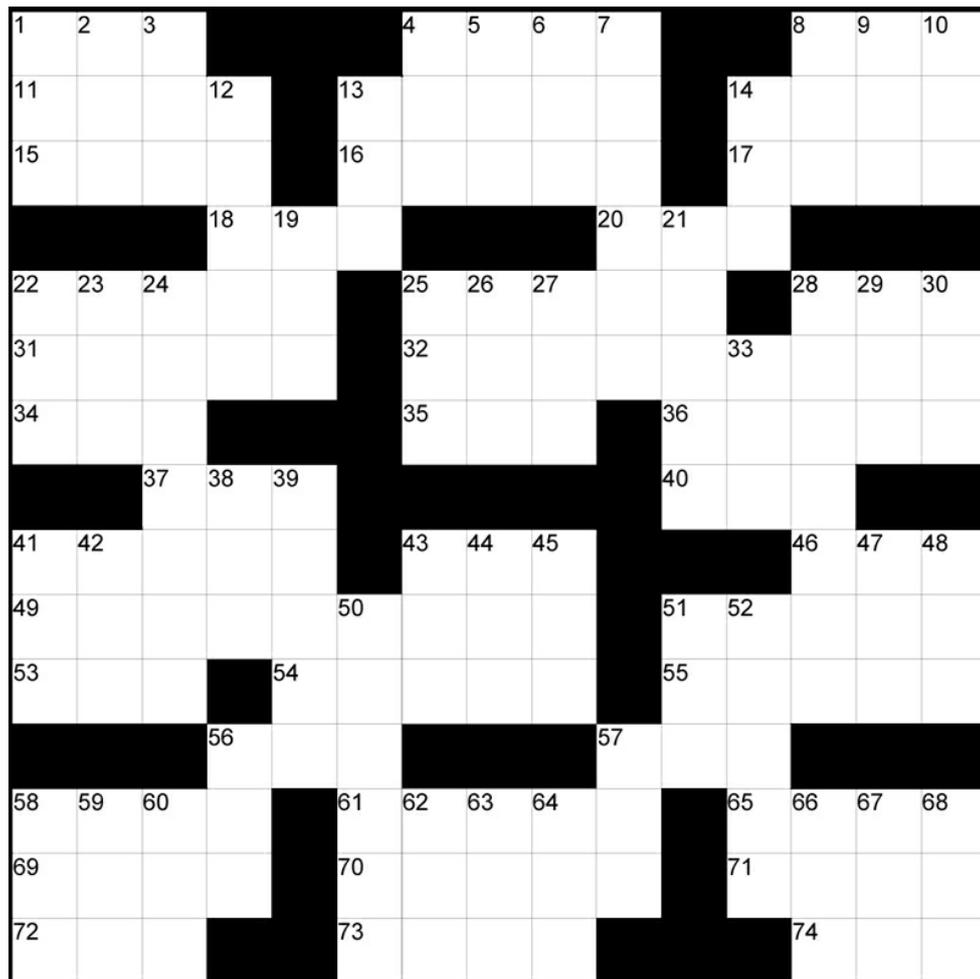
#### Thursday

Book Signing – 11 a.m. at Cannon Library  
X-Box Challenge – 5 to 7 p.m. at the Portales CC  
Roast Beef Buffet – 11 a.m. to 1 p.m. at the Landing  
Mongolian BBQ – 5 to 8 p.m. at The Landing  
XBox Challenge – 5 to 7 p.m. at the Portales CC  
Free Billiards – 6 to 9 p.m. at The End Zone  
Community Theater – 6:30 p.m. at the Central CC

\* CC — Community Center WWGC — Whispering Winds Golf Course CDC — Child Development Center



# THE LIGHTER SIDE



History of the World, pt. 1  
by Capt. Tony Wickman  
71st Flying Training Wing Public Affairs

**ACROSS**

1. Make a lap
4. Bellow
8. Auger
11. Exuberant
13. Cpl. Vernon \_\_\_; first enlisted pilot
14. Thaddeus S.C. \_\_\_; chief of the Union Army's balloon corps
15. Bird knows for mimicry of human speech
16. Term for putting journalists with combat units
17. Hodgepodge
18. Animal doc
20. European mount
22. Famous cube inventor
25. \_\_\_ in Wonderland
28. Nights, briefly
31. Entertain
32. Site of Wright brothers' first flight in 1903
34. Female companion
35. Mil. address starter
36. Small colorful tropical freshwater fish
37. Confederate general
40. Mistake
41. CNO Adm. William \_\_\_; made coastal defense agreement w/Army
43. \_\_\_ Offensive; 1968 Vietnam battle
46. Three to Cicero
49. Additional sum added to the usual cost
51. \_\_\_ Car; dropped Fat Man on Nagasaki (8/9/45)
53. Media mogul Turner

54. Navy P-3C aircraft
55. Ira \_\_\_; general developed/led daylight bombing of Germany
56. DoD telephone system
57. \_\_\_ Shorty
58. Event from 1939 to 1945
61. D-Day Beach
65. Gen. \_\_\_ Vandenberg; second CSAF in 1948
69. Bring in
70. Gen. Curtis \_\_\_; father of SAC and fifth CSAF
71. Scram!
72. Rapping doc
73. Puts on MOPP gear
74. Coffee holder

**DOWN**

1. Summer of \_\_\_ (1999)
2. William \_\_\_ Baldwin; balloonist and parachute specialist
3. Sn on Periodic Table
4. Alcoholic liquor distilled from molasses or sugar cane
5. Sphere
6. Iron or Bronze
7. Make ready for publication; as in Privacy Act documents
8. Earthlink competitor
9. Event from 1914 to 1918
10. Scientist Szilard; advocated building atomic bomb to FDR
12. First black USAF general; led Tuskegee Airmen in 1943
13. Wager
14. Snip
19. \_\_\_ out a living; get by
21. Battle of \_\_\_ Gulf; October 1944 monumental sea battle
22. Scrap of cloth
23. Actress Thurman

24. Eugene \_\_\_; first black pilot to score an aerial victory
25. Alias, in brief
26. Sass
27. Simpson trial judge
28. Gen. Mason \_\_\_; chief of the Army Air Service /Army Air Corp
29. US Army network of support and leisure services, briefly
30. Popular 1960s Jamaican music
33. In \_\_\_ Shoes (2005)
38. Continuing in the same way, briefly
39. Distinctive spirit of a culture
41. Standard time in eighth time zone west of Greenwich, briefly
42. Lament
43. Cycle and pod lead-in
44. Exaggerated sense of self-importance
45. Yards for first down
47. Nickname for Supreme Allied Commander, later POTUS
48. Mission for UAVs
50. Only General of the Air Force; Air Force pioneer/advocate
51. Bonnet denizen
52. Formal declaration to fulfill a pledge; taken at enlistments
56. Obbligato
57. Enola \_\_\_; dropped Little Boy on Hiroshima (8/6/45)
58. Marry
59. Part of 58 ACROSS
60. Anger
62. USAF program to promote harassment-free environments
63. USAF E-2
64. Owns
66. Unit of resistance
67. Mad About \_\_\_
68. A coat or cloak



# Unit Spotlights



PHOTO BY STAFF SGT. APRIL WICKES

## Tomorrow's leaders recognize yesterday's heroes

Cannon Airmen from Airman Leadership School, Class 2006-F, inducted Vietnam veteran and hero Frederick Madera into Cannon's Hall of Heroes Monday. As a Marine corporal, Mr. Madera was awarded the Bronze Star with "V" device for valor for actions during the Tet Offensive in 1968. He destroyed a hostile gun emplacement, killed three enemy soldiers, and despite being severely wounded, refused medical evacuation and continued to fire until his own weapon was destroyed. The PurpleHeart and Presidential Unit Citation are among his other awards.

### CANNON AIR FORCE BASE CHAPEL

#### CATHOLIC

The Sacrament of Reconciliation is 8:30 a.m. Sunday mornings.

Sunday Mass 5 p.m.

Weekday Mass 12:05 p.m. M,W,F

#### PROTESTANT

#### Sunday Services (Summer Schedule)

Sunday School 9:15 a.m.

Combined Service 11 a.m.

*For more information about other programs or other faith groups, call the chapel office at 784-2507.*

## At the Movies

The Cannon Movie Theater is located on the corner of Torch and D.L. Ingram. Movie prices are \$3.50 for adults, \$1.75 for children and \$1 for all viewers on Thursdays.

### Little Man

Today, Saturday and Sunday at 7 p.m.

**Description:** Calvin Simms is a master criminal who, with the help of his friend and sidekick, plans a daring robbery of a museum where one of the world's largest diamonds is on display. Calvin gets inside a secure area because he is a dwarf. He's nearly caught by the police, and stashes the jewel in a bag carried by a passerby.

**PG-13:** crude and sexual humor throughout, language and brief drug references

**Running time:** 97min.

### Beerfest

Saturday at 1 p.m.

**Description:** When American brothers Todd and Jan Wolfhouse travel to Germany to spread their grandfather's ashes at Oktoberfest, they stumble upon a super-secret, centuries old, underground beer games competition – Beerfest – the secret Olympics of beer drinking. The Wolfhouse boys assemble a dream team of beer drinkers. Revenge, like beer, is best served cold.

**R:** pervasive crude and sexual content, language, nudity and substance abuse

**Running time:** 110 min.

### You, Me and Dupree

Saturday at 4 p.m.

**Description:** Carl and Molly Peterson are starting their new life together, complete with a cute house, boring neighbors, stable jobs and the routines of newlyweds. There's just one unfortunate hitch in their perfect world, and his name is Dupree.

**PG-13:** sexual content, brief nudity, crude humor, language and a drug reference

**Running time:** 108 min.



## SPORTS SHORTS



## Cannon Lanes

**Bowlers' Appreciation Night** – 6 p.m. to midnight, Saturday. Bowl for \$1.50 per game.

**Red-Pin Bowling** – 6 p.m. to midnight, Aug. 19. Bowl for \$2 per game. Win a free game if you get a strike when the red pin is the head pin. The limit is one free game per person per game bowled.

**Family Bowl-a-Rama** – 6 to 9 p.m., Aug. 25. Bowl with up to six family members for two hours for \$12 per lane. The price includes shoes and one pitcher of soda. Lanes must be assigned between 6 and 7 p.m.

Whispering Winds  
Golf Course

**Monday Night Scrambles** – Two-person teams and players may select their partners. Sign up by 3 p.m.

**Senior Days** – Senior golfers 50 years and older receive \$2 off daily green fees and 50 percent off electric carts Monday and Tuesday.

**Retiree Wednesdays** – Golfers with a retired military ID card receive \$2 off daily green fees and 50 percent off electric carts on Wednesdays.

**Member First discounts** – 10 percent discount off annual, quarterly and monthly greens fees. Half off club rentals. \$2 off cart rental for 18 holes.

## Outdoor Recreation

**Family Boating Play Day** – Aug. 19 at Ute Lake State Park.

For \$20 enjoy a day on the lake ski boating, swimming, water skiing, wake boarding or just relaxing.

The price includes transportation, a barbecue picnic lunch, drinks and snacks. Sign up deadline is Aug. 10. Depart at 7:30 a.m. and return at 9 p.m.

This is for adults and children three years old and older.

For more information, call 784-2773.

**New Mexico Hot Springs Hike and Bike** – Aug. 26 and 27. The cost is \$80 per person. Soak and enjoy McCauley Hot Springs after a hike. Return to the campground and enjoy a barbecue-style dinner. On the second day, bike the San Antonio Trail and soak in the San Antonio Hot Springs.

Sign-up deadline is Aug. 21 and includes transportation, three meals, overnight camping, and all gear and bicycles for those who need one.

This is for adults and children 12 years old and older.

For more information, call 784-2773.

**Rock Climbing weekend** – Sept. 9 and 10. The cost is \$80 per person. This adventure is for beginner and experienced climbers and provides initial climb and bouldering training or technique brush up. Training is at Kirtland Air Force Base's indoor climbing area. The second day will include several climbing stations.

Sign-up deadline is Sept. 4 and includes transportation, lesson instructions, three meals and a camping area.

This is for adults and children 12 years old and older.

For more information, call 784-2773.

**New Mexico State Fair** – Sept. 16-17. The cost is \$110 single, \$75 double, \$65 triple and \$40 quad. The price includes transportation to Albuquerque, one night hotel accommodation and entry into the fair. Pre-pay by Sept. 11.

For more information, call 784-1275 or 784-1533.