

Community Events

Flu vaccines available

The injectable flu vaccine FluZone will be available for all beneficiaries Monday. There is also limited supply of the FluMist vaccine for those eligible to receive it.

No appointment is necessary at the Immunizations Clinic and the vaccines are available from 7:30 a.m. to noon and 1 - 4 p.m.

For more information, call 784-4040.

Lodging office moves

Cannon's lodging office is temporarily relocated to Bldg. 1800 next to the Airman and Family Readiness Center due to a facility renovation project.

The estimated completion date for the project is Feb. 7.

For more information, call 784-2919.

Smooth Move

Smooth Move Overseas/Stateside is 8:30 - 10:30 a.m. Tuesday, at the Airman and Family Readiness Center.

For more information or to register, call 784-4228.

Bundles for Babies

Bundles for Babies is 8:30 a.m. to 11 a.m. at the Airman and Family Readiness Center on Nov. 30.

The class offers information ranging from physical changes a mother can expect while she is pregnant to the financial aspects of having a baby.

The class is open to expectant mothers who are at least 20 weeks pregnant or who have a newborn younger than 3 months.

Active-duty Air Force members or spouses of active-duty members attending the class will receive a gift bundle worth approximately \$75.

Due to space availability, please do not bring children.

For more information or to register, call 784-4228.

Holidays decorations

The Cannon Officers' Spouses Club will decorate the club for the holidays from 9:30 a.m. to 2:30 p.m. on Nov. 30 at The Landing. Help decorate and earn a free meal. Active duty and retired officer spouses, spouses of GS-7s and above and invited guests are eligible to become members.

For more information, call Julie Roberts at 784-3818.

More Community Events on page 9

MACH METER

Vol. 51, No. 46

Cannon Air Force Base, N.M.

Nov. 22, 2006



PHOTO BY AIRMAN 1ST CLASS RANDI RICKARDS

Celebrating America's heritage

Autumn Howell performs the Jingle Dance during the American Indian Heritage dinner Thursday at The Landing. More than 150 Airmen attended the dinner and watched the performances headed by Ralph Zotigh, and his family, members of the Kiowa tribe. For more photos of the evening, see page 13.

'Sorry' doesn't cut it with a DWI

By Lt. Col. Charles Killion
27th Fighter Wing Staff Judge Advocate

As an Airman and a JAG who has prosecuted and defended DWI cases, I can tell you that every Airman I've encountered who has been busted for DWI has said the same thing to their commander, "I'm sorry. I didn't think..."

The holidays are here. Maybe you have friends and family to visit, parties to go to, or perhaps you're just going to hang out and watch football. For many of us, these gatherings will involve a few beers, a couple glasses of wine or some mixed drinks. If recent weekends are an indicator, at least one Airman from Cannon AFB will get caught driving while intoxicated. Don't let that Airman be you.

Every commander on Cannon is emphasizing safety and responsible choices, especially in light of the holiday season. If you choose to ignore your commander, there can be severe consequences.

In addition to the embarrassment to the squadron being identified at the base exit, there can be very serious

personal impacts. Airmen busted for DWI, whether on or off base, can have their base driving privileges revoked for at least a year; be put on a control roster; get an Unfavorable Information File (UIF); have their security clearances revoked; get a negative EPR/OPR; get a letter of reprimand; be demoted, denied reenlistment and/or be discharged from the Air Force.

If the DWI is on base, the commander can give an Article 15 which could result in losing a stripe, being restricted to base, having to do extra duties and forfeiting some pay.

The punishments for off-base DWIs are no less harsh. In addition to a suspended license for up to one year. New Mexico's criminal penalties for DWI are among some of the toughest in the country. A first offense for DWI is punishable with up to 90 days in jail, up to a \$500 fine, or both and about \$200 in court costs. You also may be ordered to attend a first offender program, also called DWI School, and alcohol screening with counseling; do community service; attend the victim impact panel; and serve proba-

■ See DWI'S - SORRY DOESN'T CUT IT, Page 4



NEWS

ESC, Chief's Group cook, raise funds for scholarships



PHOTOS BY AIRMAN 1ST CLASS THOMAS TROWER

Senior Master Sgt. Allen Mullinex, 522nd Aircraft Maintenance Unit, cooks up pancakes for the Chief's Group/Enlisted Spouses Club pancake breakfast fundraiser in the fire department recreation room Thursday. Together the clubs raised about \$1,300 for scholarships and city outreach projects.



Col. Jeffrey McDaniels, 27th Operations Group commander, receives a plate of pancakes and eggs from a volunteer at the fundraiser. High demand emptied the serving trays before more food could be cooked. Anyone interested in joining the ESC should call Hazel McCauslin at 784-3161.



PHOTO BY AIRMAN ERIC CARDENAS

27th MDG Study Hall opens

Airman Elizabeth Dau and Col. Kenneth Hall, 27th Medical Group, cut the ribbon to open the new 27th MDG Airmen's Study Hall Monday on the second floor of the Cannon clinic.

The study hall provides a quiet, private atmosphere for Airmen to study Career Development Course (CDC) material, prepare for skill level upgrades, and study for promotion testing or off-duty education, said Chief Master Sgt. Charles Cole, 27th MDG.

"During our last Unit Climate Assessment our members identified a need for additional professional development opportunities. This is one way that we're providing a forum for them," said Chief Cole.

The library features access to the Air Force's newest force development tool, My Educational Development Plan (MyEDP) to receive Air Force Specialty Code career field manager updates and engage in feedback with their mentor.

A TV/VCR combo set up helps with review of career field related educational videos, as well as satisfying continuing education requirements for medical group jobs. Spare CDC material and military history books are also available in the study hall.

"It's available to them 24/7 if need be," said Chief Cole.



NEWS



Clovis broadcasters Steve Rooney and Duffy Moon solicit donations for "Operation Thank You" during an outdoor broadcast in Clovis. (Inset) The two managed to fill two foot lockers with thank you notes, phone cards, used DVDs and CDs they will bring to Cannon Airmen at Balad Air Base, Iraq.



Steve Rooney holds a microphone above Duffy Moon as he tries on a helmet issued to him by Tech. Sgt. Donna Raya, 27th Logistics Readiness Squadron. The two Clovis radio personalities will feature Cannon Airmen from Balad Air Base through Friday during their morning show this week.



Duffy Moon tapes a holiday radio greeting from Arianna Thong and daughters Judy and Ashlyn Thong at the Cannon chapel Nov. 14 for Tech. Sgt. Seng Thong, 524th Aircraft Maintenance Unit. Local radio personalities Steve Rooney and Duffy Moon will visit Cannon Airmen at Balad Air Base Thanksgiving week and broadcast their morning show live to Clovis.

Thanksgiving in Iraq

DJs travel to Balad to say 'Thank You' to Cannon Airmen

Story and photos by Greg Allen
27th Fighter Wing Public Affairs

While most Americans enjoy Thanksgiving Week in the comfortable confines of their home, two Clovis radio personalities will be thanking several hundred Cannon Airmen at Balad Air Base in Iraq for doing their part to preserve the turkey day tradition.

Steve Rooney and Duffy Moon are broadcasting live from Balad this week and will be delivering two foot lockers full of letters, DVDs, CDs and phone cards. They will also deliver audio greetings. It's all part of their "Operation Thank You," to personally thank 27th Fighter Wing Airmen on behalf of the community for their service and sacrifices.

"[Operation Thank You] has been on the burner since we got back from Japan," said Steve Rooney. He was referring to a trip the duo made in March 2005 to Misawa, Japan, where they did a live broadcast for four days with the 523rd Fighter Squadron that deployed there.

"The next step [from the Misawa trip] was a trip to Iraq," said Rooney's partner, Duffy Moon. "There was a lot of stop-and-go logistically along the way, depending on the situation in Iraq."

The two are quick to point out that the trip to Iraq is not about them doing a live broadcast, but rather, about them being messengers for the Clovis

community by thanking Airmen for their sacrifices.

"Military sentiment runs deep in Clovis," said Moon. "We just want to relay those feelings to the Cannon Airmen we will visit."

He said the two were able to quickly garner support from their sponsors to fund the trip which will include commercial and military aircraft.

The Clovis DJs are no strangers to Cannon. In addition to their trip to Misawa, they regularly broadcast from the base, visiting units and organizations and telling their stories. They arrived from California in 2003, owners of three local radio stations and immediately realized the impact Cannon and its Airmen had on the community.

"We believe that the future of local radio is 'local,' and Airmen are such a large percentage of our population, the base falls right into our philosophy of what we want to do," said Rooney.

Their walls at their office in downtown Clovis are filled with memorabilia and photos from their experiences with Cannon Airmen. They will soon have more photos for their walls when they return. But more than the photos, Rooney and Moon said they will have the satisfaction of telling the men and women of the 27th Fighter Wing how much their community appreciates their efforts.

(Editor's note: Rooney and Moon will broadcast their morning show live from Iraq this week from 6 to 9 a.m. on KSMX, 107.5 FM.)



COMMENTARY

A Thanksgiving proclamation

A Proclamation by the President of the United States of America

As Americans gather with family and friends to celebrate Thanksgiving Day, we give thanks for the many ways that our Nation and our people have been blessed.

The Thanksgiving tradition dates back to the earliest days of our society, celebrated in decisive moments in our history and in quiet times around family tables. Nearly four centuries have passed since early settlers gave thanks for their safe arrival and pilgrims enjoyed a harvest feast to thank God for allowing them to survive a harsh winter in the New World. General George Washington observed Thanksgiving during the Revolutionary War, and in his first proclamation after becoming President, he declared November 26, 1789, a national day of "thanksgiving and prayer." During the Civil War, President Abraham Lincoln revived the tradition of proclaiming a day of thanksgiving, reminding a divided Nation of its founding ideals.

At this time of great promise for America, we are grateful for the freedoms guaranteed by our Constitution and defended by our Armed Forces throughout the generations. Today, many of these courageous men and women are securing our peace in places far from home, and we pay tribute to them and to their families for their service, sacrifice, and strength. We also honor the families of the fallen and lift them up in our prayers.

Our citizens are privileged to live in the world's freest country, where the hope of the American dream is within the reach of every person. Americans share a desire to answer the universal call to serve something greater than ourselves, and we see this spirit every day in the millions of volunteers throughout our country who bring hope and healing to those in need. On this Thanksgiving Day, and throughout the year, let us show our gratitude for the blessings of freedom, family, and faith, and may God continue to bless America.

NOW, THEREFORE, I, GEORGE W. BUSH, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim Thursday, November 23, 2006, as a National Day of Thanksgiving. I encourage all Americans to gather together in their homes and places of worship with family, friends, and loved ones to reinforce the ties that bind us and give thanks for the freedoms and many blessings we enjoy.

IN WITNESS WHEREOF, I have hereunto set my hand this sixteenth day of November, in the year of our Lord two thousand six, and of the Independence of the United States of America the two hundred and thirty-first.

GEORGE W. BUSH

DWI'S - SORRY DOESN'T CUT IT

Continued from Page 1

tion resulting in fees of about \$150. If this first drunk driving offense is an aggravated DWI, a minimum of 48 hours in jail is mandatory in addition to the other penalties. Aggravated DWI includes driving with an alcohol level of .16 or greater, causing bodily injury while DWI, or refusing to submit to a chemical test while DWI.

A second DWI offense is punishable by three to 364 days in jail and a mandatory fine of \$500 to \$1000. It also requires about \$250 in fees, probation,

community service and a one-year license revocation. An aggravated second DWI offense requires at least seven days in jail. The penalties increase even more for third DWI offenses.

Make no mistake about it, the Air Force values you, wants you to be safe, and hopes that you make responsible choices. If you don't, there can be serious consequences.

Plan your activities. Bring a designated driver, call AADD or take a taxi.

What makes a wingman?

By Chaplain (Capt.) Chad Bellamy
50th Space Wing Chapel Service Team

SCHRIEVER AIR FORCE BASE, Colo. – Today's wingman concept is nothing new. Col. Francis "Gabby" Gabreski, an early Air Force pioneer who is credited with 28 aerial victories in WWII, said this:

"The wingman is absolutely indispensable. I look after the wingman. The wingman looks after me. It's another set of eyes protecting you. That's the defensive part.

"Offensively, it gives you a lot more firepower. We work together. We fight together. The wingman knows what his responsibilities are and knows what mine are. Wars are not won by individuals. They're won by teams."

Today, the strategy of having a good wingman is still relevant, but its application reaches far beyond the arena of aerial assault. When fighter pilots lift off into the great expanses of the sky, they may not know what threats lie beyond the horizon. Similarly, with each new day, we have no idea what lies ahead.

Daily challenges are conquered by responsible choices, and creating a culture of responsible choices is reinforced by the presence of a good wingman. In the spirit of the Gabreski quote, "personal battles are not won by individuals; they are won by the reinforcement of good wingmen."

One could say the acronym TEAM stands for "Together Everyone Achieves More." For centuries, armed forces have strategized how their individuals can operate as a unit on the battlefield.

Unity is the key to effectiveness: If we want the "more," then we must have the "together." Your role as a sterling wingman is vital to any level of success.

In the coming year, imagine zero incidents of driving under the influence, zero substance abuse cases, zero safety incidents, zero domestic violence reports and zero suicides. If we achieved this vision, our Air Force would be heralded as a picture of strength and community.

Make good decisions. Let's all be a part of the solution.

MACH METER

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News articles, local notes and other items for the *MACH METER* should be brought to the 27th Fighter Wing Public Affairs Office, 110 E Sextant Ave. Suite 1099, or e-mailed to the Mach Meter at

27fvmachmeter@cannon.af.mil.

All submissions will be considered for publication based on news value and timeliness.

Every article and photograph will be edited for accuracy, clarity and brevity, conformance with the Associated Press Stylebook and Libel Manual and with Air Force Instruction 35-101. Coverage of upcoming events should be arranged in advance by calling the Public Affairs office at 784-4131.

If you have a suggestion you would like to make, or a kudo you'd like to give, call the **ACTION LINE at 784-2722** — If you have a problem you need resolved, call the responsible agency first so they can provide better service to everyone promptly.

Deadline for submitting articles is noon Thursday the week prior to publication. Deadline for free classified advertisements is noon the Tuesday prior to publication.

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NEWS

Tricare announces updated reimbursement rates

Courtesy Air Force Print News

FALLS CHURCH, Va. – An updated list of the Tricare reimbursement rates is now available to beneficiaries. The changes for fiscal year 2007 include updated rates for inpatient mental health, residential treatment centers, partial hospitalization, hospice and inpatient cost-shares for civilian hospitals.

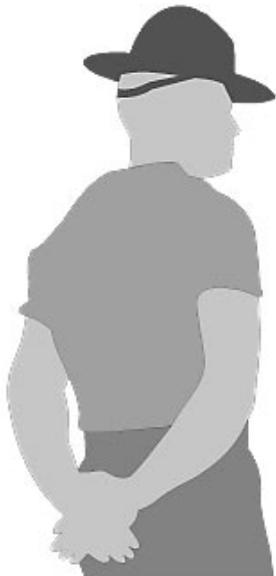
“We take very seriously the president’s initiative toward transparency in health care costs,” said Army Maj. Gen. Elder Granger, deputy director, Tricare Management Activity. “This is just one way we make the cost of medical services available to our beneficiaries.”

Tricare reimbursement rates are aligned with Medicare rates as set by Congress. However, Tricare does have some

dispensations that may not be available to Medicare to ensure that beneficiaries continue to have health care available.

Medicare premiums also change annually and now the Medicare Part B premium is linked to income. In 2007, individual incomes will trigger premium increases at \$80,000, \$100,000, \$150,000 and \$200,000. For married couples the premium rises when the income is double those amounts. However, this change will have no effect on Tricare costs or benefits for those who are also Medicare beneficiaries.

Beneficiaries may view updated reimbursement rates on the Tricare Web site at www.tricare.osd.mil/tricarecost.cfm.



Sgt. Afi’s 36-2903

Tip of the Week

To present a proper military image, no more than three rings may be worn at the same time. Bracelets must be conservative and no wider than three inches, necklaces must be concealed under the collar or undershirt, and pencils and pens must be concealed except when carried in the compartment of the left BDU pocket or in the left pocket of food and hospital uniforms.



Energy-Saving Tip of the Week

With colder weather coming, check the caulking on your windows! Military family housing residents should check the caulking and seals around windows and door frames for a tight seal. If necessary, residents can pick up caulking at the Self-Help Store, Bldg. 1404. If the weather stripping is bad, call 784-8363 for replacement.



NEWS FEATURES



PHOTO BY TECH. ST. SCOTT MCKAY

Best of the best

27th Fighter Wing Airmen were recognized Nov. 9 for their achievements during the quarterly weapons load crew and Proud Falcon competition on Oct. 20. Top: The weapons load crew of the quarter from the 522nd Fighter

Squadron are, from left to right, Tech. Sgt. Lucky Funderburg and Airmen 1st Class Jon Schwartz and Roy Stuart. Bottom: Proud Falcon winners from the 522nd FS are, from left to right, Airman 1st Class Manual Bradley, Senior Airman Thomas Sharkey, Staff Sgt. Chris Cabano, Airman 1st Class Adam Ulma and Senior Airman Daniel Kirkpatrick.



PHOTO BY JANET TAYLOR-BIRKEY

Self-help helper

Rita Landrus, Self-Help Store manager, gets a replacement light globe for a customer. Located on Marcus Street, the store is open Monday through Friday from 7 a.m. to 4 p.m. and Saturdays, 9 a.m. to noon. It provides yard and home maintenance and replacement items for families living in base and 801 Housing.

Operation Homefront launches holiday eCare package program for military

American Forces Press Service

SANTA ANA, Calif. – Just in time for the holidays, Operation Homefront has launched “eCarePackage,” an online service that allows citizens to send care packages to deployed troops and their families.

Operation Homefront is part of *CinCHouse.com*, a community for military wives, and is a team member of America Supports You, a Department of Defense program connecting U.S. citizens with members of the military.

Servicemembers and families can register on www.ecarepackage.org, which protects their identity and location, and visitors can “adopt” them based on common interests. Then visitors select individual items to create a customized care package for their chosen servicemember or family and include a personal message.

Operation Homefront’s team of volunteers takes the order, boxes the selected items and ships them directly to the servicemember or family – always protecting their identity and physical location.

“There’s nothing like a care package to cheer a deployed Soldier or a lonely military family, especially during the holidays,” said Amy Palmer,

executive vice president of operations for Operation Homefront. “With operational security for the troops so tight, we were concerned that care packages weren’t getting through. So we built eCarePackage to ensure our troops and families continue to ‘feel the love’ from Americans.”

Items available in the eCarePackage store range from toiletries and necessities to games, books and candy. Most items were donated from sponsors, particularly The Dollar Tree, which runs its Operation Appreciation program in most stores nationwide.

Donated items are not marked up, so eCarePackage visitors often pay only the cost of handling and shipping – making eCarePackage less expensive than doing it oneself. Operation Homefront has partnered with DHL, which provides postal service to overseas troops, to ensure direct and timely delivery of all care packages to deployed servicemembers.

The eCarePackage program is an extension of Operation Homefront’s mission to provide emergency support and morale to our troops, the families they leave behind during deployments and wounded warriors when they return home. Operation Homefront recently signed a memorandum of understanding with the Defense Department to ensure greater collaboration.



Cannon Air Force Base 2006 Family of the Year

Submit an essay of 500 to 1,000 words to nominate a
CAFB Family of the Year.

Essays are due close-of-business on Nov. 30
to one of the following agencies:

Airman and Family Readiness Center
Child Development Center
Youth Center
Chapel
Family Advocacy

For more information, call the
Airman and Family Readiness Center
784-4228



COMMUNITY EVENTS



COURTESY PHOTO

Pet of the Week

Uno is a male 6-month old German-Shepherd-boxer with a sweet temperament and is available for adoption. For more information, call 784-2507 or 784-4228.

■ Continued from page 1

Angel Tree

The Angel Tree will once again be placed at the base exchange after Thanksgiving. Make a military family member's holiday memorable. Presents can be placed under the tree by Dec. 17.

To self nominate, or nominate through the Airman and Family Readiness Center, call 784-4228.

Two volunteers are needed to sit by the Angel tree from 11 a.m. to 1 p.m. daily for a week.

To volunteer, call 784-4228.

Tree lighting ceremony

The Cannon community is invited to the annual base tree lighting ceremony at 4:45 p.m. on Dec. 1, at the Cannon Chapel. A children's choir will also perform.

Hot chocolate and cookies will be served.

Healthcare Council meeting

The Community Healthcare Council meets at 2 p.m. on Dec. 13 in the Escape Room at The Landing.

All 27th Medical Group beneficiaries are invited to attend.

The Community Healthcare Council is a forum for the 27th Medical Group to interact with beneficiaries. Information on medical services, medical group events and the latest health benefit information is provided, along with a forum for feedback to the 27th Medical Group.

Scholarship packages

Applications for the 2007 Scholarships for Military Children are available at the base commissary office or at www.commissaries.com.

Deadline for filing the completed application is Feb. 21.

For more information, call 784-4330.



SERVICES

Youth run for their futures

By Staff Sgt. Patrick Brown
Patrick Air Force Base, Fla., Public Affairs

When a Melbourne, Fla., high school track coach saw 16-year-old Gary Evans chase down a school bully, he asked young Mr. Evans to try out for the team.

Years later, Coach Evans, now a Manatee Cove Golf Course tractor operator at Patrick Air Force Base, Fla., is still involved with track and field. His love of the sport has helped put hundreds of children on the track for success.

Coach Evans founded the M-Town Track Club in 1992 and has coached local children, without making a dime. He says his payment is knowing he's had a positive impact on the children's lives.

"My goal is to get the kids off the street," he said. "I want to get them in college and show them there's more to life."

"He puts a lot of effort into what he does," said Dennis Wideman of the Air Force Technical Applications Center. "If some of the kids can't buy the uniforms, he buys them. If they can't get to a meet, he picks them up and drops them off."

Mr. Wideman's 9-year-old son, Nadiri, is a member of the M-Town Track Club.

To date, 21 of Coach Evans' runners have received track and field scholarships to schools such as the University of Alabama, Vanderbilt and Louisiana State University.

Sports fans may recognize one of his former pupils, Xavier Carter. At only 20 years old, Mr. Carter made NCAA track history, recently missed the world record for the 200-meter dash

by only three-tenths of a second.

Coach Evans coached and mentored Mr. Carter from age 11 until he left for LSU with an athletic scholarship. Coach Evans said Mr. Carter still keeps close contact and calls him for advice before every competition.

Coach Evans' 7-year-old son, Tariq, recently competed in the Primer National Championship, placing first in the long jump, second in the 200-meter dash and third in the 300-meter dash.

His 6-year-old daughter Nadiria, who qualified for the Junior Olympics but will not be competing, placed second in the 200-meter and 400-meter dashes and third in the 100-meter dash in one competition.

His oldest son, 10-year-old Dontarian, is ranked third in the nation for his time in the four-by-100-meter relay.

His wife, Stephanie, holds 10-year-old records at Palm Bay high school in the 200-meter dash, 400-meter dash, triple jump and long jump.

Coach Evans has several first-place finishes on his record and holds the 100-meter record at Melbourne High School. He said he recently retired from competition so he can focus on his students and children, as well as his new job as a junior assistant track coach at LSU.

"It was a real honor to be offered that position," he said.

Though the founder of M-Town Track Club is leaving, the club will continue under the leadership of Pete King, the 45th Services Division food programs officer, the assistant coach.

The club will also be moving up as Mr. Carter and Nike, will soon sponsor the club.

Olympic Style Taekwondo with Master Eric & Maria Suan

Classes are available at **TWO CONVENIENT LOCATIONS**

Clovis 801 Community Center
Mondays and Wednesdays
from 5 – 6 p.m. (Beginners)
and 6 – 7p.m.(Advanced)

Cannon AFB Youth Center
Sign up at the Central Community Center
Tuesdays and Thursdays
5 – 6 p.m. (Beginners)
6 – 7 p.m.(Advanced)

Classes are geared for those 8 years of age and up.
Payment for class to be made at the
Central Community Center
\$40 PER MONTH

community center
Air Force Services

COURTESY GRAPHIC



What's happening?



Today

International Buffet – 11 a.m. at The Landing
Wild Wednesdays – 9:30 a.m. at Cannon Lanes
Flashlight tag – 5:30 a.m. at the Clovis Community Center

Thanksgiving

Many services facilities are closed for the Thanksgiving holiday.
Dormitory residents receive free golf and club rentals for Thanksgiving Day. The course will be closed, but may still be used. Pick up clubs today and return them Monday.
Wolf Creek Ski Kickoff – Outdoor Rec. will leave at 10 a.m. and return Friday at 11 p.m.

Friday (ACC Family Day)

Many services facilities are closed for the ACC Family Day.
Seafood Buffet – 11 a.m. at The Landing

Saturday

Cosmic Bowling – 6 p.m. at Cannon Lanes

Sunday

NFL Football – 10 a.m. at the End Zone
Dart League – 6:30 p.m. at the End Zone

Monday

Conversational Language Skills – 11 a.m. to noon, Monday through Friday at the Cannon Library
Football Frenzy – 6 p.m. at the End Zone
Karaoke – 7 to 10 p.m. at The Landing

Christmas List crafts – All day at the Clovis Community Center

Tuesday

Homestyle Buffet – 11 a.m. at The Landing
Pool Tournament – 4 to 6 p.m. at the Portales Community Center
Foosball Tournament – 5:30 p.m. at the Clovis Community Center
Backwards Spelling Bee – 5:30 to 6:30 p.m. at the Clovis Community Center



COURTESY GRAPHIC



FEATURE

Safety tips for a happy, healthy turkey day

Courtesy of www.fsis.usda.gov

Frozen Turkeys

Allow 1 pound of turkey per person

Thawing your turkey:

When thawing a turkey in the refrigerator (40 degrees Fahrenheit or below), allow approximately 24 hours for every 4 to 5 pounds.

4 to 12 pounds	1 to 3 days thawing
12 to 16 pounds	3 to 4 days thawing
16 to 20 pounds	4 to 5 days thawing
20 to 24 pounds	5 to 6 days thawing

Keep the turkey in the original wrapper. Place on a tray or in a pan to catch any juices that may leak. Thawed turkeys can remain in the refrigerator for one to two days.

When thawing a turkey in cold water, allow about 30 minutes a pound.

4 to 12 pounds	2 to 6
hours thawing	
12 to 16 pounds	6 to 8
hours thawing	

16 to 20 pounds	8 to 10 hours thawing
20 to 24 pounds	10 to 12 hours

thawing

Wrap turkey securely, making sure the water does not leak through the wrapping. Submerge the wrapped turkey in cold tap water. Change the water every 30 minutes. Begin to cook the turkey immediately after thawing.

For information on other methods for cooking a turkey, call the USDA Meat and Poultry Hotline at (888) 674-6854 or visit www.fsis.usda.gov.

Turkey roasting times

(325 degrees Fahrenheit oven temperature)

Use the lists below to determine how long to cook a turkey. Times are approximate. Always use a food thermometer to check the internal temperature of the turkey and stuffing.

Unstuffed

4 to 8 pounds (breast)	1 1/2 to 3 1/4 hours
8 to 12 pounds	2 3/4 to 3 hours
12 to 14 pounds	3 to 3 3/4 hours

3/4 hours

14 to 18 pounds	3 3/4 to 4 1/4 hours
18 to 20 pounds	4 1/4 to 4 1/2 hours
20 to 24 pounds	4 1/2 to 5 hours

Stuffed

6 to 8 pounds	2 1/2 to 3 1/2 hours
8 to 12 pounds	3 to 3 1/2 hours



COURTESY GRAPHIC



COURTESY GRAPHIC

Fried turkey safety

Courtesy of Paul Seguin

Hanscom Air Force Base, Fla. Fire Inspector

- Fryers should be used outdoors and kept at a distance from buildings and any flammable materials;
- Make sure the fryers are used on a flat surface to reduce accidental tipping;
- Never leave a fryer unattended. Most units do not have thermostat controls. If the fryer is not watched carefully, oil will continue to heat and may catch fire;
- Never let children or pets near the fryer during or after use. The oil inside the cooking pot can remain dangerously hot hours after use;
- To avoid oil spillover, do not overfill the fryer. Use well-insulated potholders or oven mitts when touching the pot or lid handles. If possible, wear safety goggles to protect eyes from oil splatter;
- Make sure the turkey is completely thawed and be careful with marinades. Oil and water don't mix. Water makes oil spill over, causing a fire or even an explosion hazard;
- The National Turkey Federation recommends refrigerator thawing and allowing approximately 24 hours for every five pounds of bird thawed in the refrigerator;
- If any portion of the turkey fryer catches fire, do not attempt to extinguish. Call 911 immediately.

Pumpkin Pie

By Paula Deen,

www.foodnetwork.com. No endorsement intended.

1 (8-ounce) package cream cheese, softened
2 cups canned pumpkin, mashed
1 cup sugar
1/4 teaspoon salt
1 egg plus 2 egg yolks, slightly beaten
1 cup half-and-half

1/4 cup (1/2 stick) melted butter
1 teaspoon vanilla extract
1/2 teaspoon ground cinnamon
1/4 teaspoon ground ginger, optional
1 piece pre-made pie dough
Whipped cream, for topping

Preheat oven to 350 degrees Fahrenheit.

Place 1 piece of pre-made pie dough down into a (9-inch) pie pan and press down along the bottom and all sides. Pinch and crimp the edges together to make a pretty pattern. Put the pie shell back into the freezer for 1 hour to firm up. Fit a piece of aluminum foil to cover the inside of the shell completely.

Fill the shell up to the edges with pie weights or dried beans (about 2 pounds) and place it in the oven. Bake for 10 minutes, remove the foil and pie weights and bake for another 10 minutes or until the crust is dried out and beginning to color.

For the filling, in a large mixing bowl, beat the cream cheese with a hand mixer. Add the pumpkin and beat until combined. Add the sugar and salt, and beat until combined. Add the eggs mixed with the yolks, half-and-half, and melted butter, and beat until combined. Finally, add the vanilla, cinnamon, and ginger, if using, and beat until incorporated.

Pour the filling into the warm prepared pie crust and bake for 50 minutes, or until the center is set. Place the pie on a wire rack and cool to room temperature. Cut into slices and top each piece with a generous amount of whipped cream.



NEWS



PHOTOS BY SENIOR AIRMAN TIFFANY CURBEAM

OPERATION KIDS

By Airman 1st Class Thomas Trower
27th Fighter Wing Public Affairs

The families of Cannon Airmen attended "Operation Kids" from 7 a.m. to noon Saturday to give them a sense of what their parents do and how they prepare to deploy.

After the kids were recalled to Bldg. 620 for processing, they signed in and received dog tags, orders and a shirt. The "future Airmen" passed through the deployment line where they were briefed before departure. Base agencies had volunteers give these briefings on areas such as legal, who questioned kids on whether their personal affairs were in order, their rooms were clean and if their chores were done.

Once cleared to deploy they were transferred to Hangar 208 where they saw several different displays, tried on chemical gear, sampled MREs and asked any questions they wished.

When the kids were marshaled back to Bldg. 620. They were greeted by their families with a large Welcome Home banner.

Sixty-three children participated in the operation that was held with the help of more than 60 volunteers. Eight of the volunteers came from the Clovis High School Junior ROTC.

The event was designed for the families of deployed and remote Airmen until popularity made the organizers open it to the rest of the base.

This was the first event of its kind at Cannon, but others are in the planning phases.



Above: Staff Sgt. Michelle Springborn, 27th Medical Operations Squadron, shows Taegan Thomas how Airmen can receive shots up until the time they depart, to keep them updated on immunizations and be cleared to deploy.

Left: The Air Force Office of Special Investigations (OSI) booth, combined with the 27th Security Forces Squadron, was displaying gadgets of all sorts. They had items ranging from automatic rifles to night vision goggles.

Right: Kids got a chance to see the equipment that the 27th SFS uses to train their military working dogs. Although the dogs were there as well, the security forces Airmen had to remind the kids that their dogs are not as kind to strangers as the ones local police officials keep.





NEWS

American Indian heritage alive in AF



PHOTOS BY AIRMAN ERIC CARDENAS

William Zotigh, performs a traditional dance native of his Kiowa tribe. He is part of the Great American Indian Dancers who performed at the COC dinner Thursday at The Landing. This group has performed for servicemembers across the U.S. and Europe.



The Cannon Cultural Observance Committee coordinates observances throughout the year. For information on becoming a member, call Paula Pasco at 784-6592.



Ralph Zotigh and his grandson Lance explain the significance of the intertwined hoops in the shape of the earth. If one hoop is removed, the sphere collapses, an example of how the world should work together.



Unit Spotlights

Cannon Diamond Sharp Award winners



PHOTOS BY AIRMAN 1ST CLASS RANDI RICKARDS

**Staff Sgt. Gerri Finan,
27th Communications Squadron**

Sponsored by: Cannon 1st Sergeants Association



**Staff Sgt. Jose Guardiola
27th Civil Engineer Squadron**

Sponsored by: AAFES*



**Airman 1st Class Keith Deering
27th Component Maintenance Squadron**

Sponsored by: Cannon Federal Credit Union*

*No federal endorsement of sponsors intended.

Congratulations 90+ Club

- 96% Senior Airman Daniel Cantrell,
27th Civil Engineer Squadron
- 95% Airman Travis Latta,
27th CES
- 94% Airman 1st Class Erik Zimmerman,
27th CES
- 93% Airman 1st Class Bradley Luu,
27th Communications Squadron
- 93% Airman 1st Class Jonathan Cunningham,
27th Aircraft Maintenance Squadron
- 92% Staff Sgt. Kevin Anderson,
27th Fighter Wing Chapel
- 91% Airman 1st Class Craig Maguire,
27th CS
- 91% Airman 1st Class Mauricio Renazco Perez,
27th Logistics Readiness Squadron
- 90% Airman Lucas Hansen,
27th AMXS
- 90% Staff Sgt. Kimberly Reyes,
27th Equipment Maintenance Squadron
- 90% Staff Sgt. Robert Schwemmer,
27th EMS

CANNON AIR FORCE BASE CHAPEL

Chapel services

CATHOLIC

- Religious Education 9:15 a.m.
- Sunday (grades K-6)
- Sunday Mass 10:30 a.m. and 5 p.m.
- Reconciliation 9:30 a.m.
- Weekday Mass (M,W,F) 12:05 p.m.
- Edge/LifeTeen youth ministry 6 p.m.
- Sunday (grades 7-12)

PROTESTANT

- Contemporary 9 a.m.
- Sunday School 10:30 a.m.
- Gospel 12 p.m.

For more information about other programs or other faith groups, call the chapel office at 784-2507.

At the Movies

The Cannon Theater is located on Torch and Ingram. Movie prices are \$3.50 for adults and \$1.75 for children.

Man of the Year

Friday at 7 p.m. and Saturday at 4 p.m.

Description: Acerbic performer Tom Dobbs has made his career out of skewering politicians and speaking the mind of the exasperated nation on his talk show. He cracked jokes at a fractured system every night until he came up with a funny idea – run for president himself. After a flip comment, Dobbs ignites a grassroots movement that puts him on the ballot. Hot on the campaign trail, he debates elected drones and says exactly what voters have often thought.
PG-13 – language, crude sexual references, drug related material and violence
Running time: 115 min.

The Departed

Saturday and Sunday at 7 p.m.

Description: Set in south Boston, the state police force is waging war on organized crime. Undercover cop Billy Costigan is assigned to infiltrate the mob syndicate. While Billy is quickly gaining Costello's confidence, Colin Sullivan, a hardened young criminal who has infiltrated the police department as an informer for the syndicate, is rising to power in the Special Investigation Unit. Each man becomes deeply consumed by his double life, gathering information about the plans and counter-plans of the operations he has penetrated.
PG-13 – violence, language, sexual content and drug material
Running time: 149 min.

Flicka

Sunday at 4 p.m.

Description: Katy McLaughlin dreams of fulfilling her family legacy by working on her father's ranch in modern-day Wyoming. But Katy's father wants more for her, insisting that Katy go to college. Katy finds a wild mustang, which she names Flicka, and sets out to make her a riding horse. But, Flicka and Katy are more alike than she could have imagined. Like Katy, Flicka has a disdain for authority and is not about to give up her freedom without a fight.
PG – mild language
Running time: 95 min.



THE LIGHTER SIDE

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61						62				63			
64						65				66			

ANSWERS ON PAGE 18

Modern Marvels part 1

By Capt. Tony Wickman

71st Flying Training Wing Public Affairs

Across

- 1. Jewel
- 4. Intimidate
- 7. Submerged by water
- 11. Beverage company producing teas and sport and energy drinks
- 12. State home to 436th AW
- 13. Sickness
- 14. Emile Gagnan and Jacques Cousteau created this diving modern marvel (1943)
- 15. Japanese sash
- 16. Texas river
- 17. Part of USAF
- 18. Weep
- 20. Used as an exclamation expressing surprise, delight or joy
- 21. John Atanasoff and Clifford Berry created this modern processing marvel (1942)
- 24. Actress Dahl of Here Comes the Girls
- 27. Approaches
- 28. Hearing tool
- 30. 2004 Pitt movie
- 31. Eye problem
- 32. Alfred Noble invented this explosive modern marvel (1864)
- 33. 350 acres London park
- 34. Sn on the periodic table
- 35. Open
- 39. North American freshwater fish

- 40. Engrossed
- 44. Actress Moore
- 45. Mock
- 46. Greek mythological woodland deity; half-man, half-goat
- 47. Sets forth in words
- 49. Positively charged particle; consists of proton and neutron
- 52. 1992 boxing Bronze medalist
- 53. NY player
- 54. St. alternative
- 55. Skewer
- 57. Federal org. concerned with environment
- 59. Involving the use of weapons: ___ conflict
- 61. Bony framework of the head
- 62. Flower wreath; Hawaiian gift
- 63. CBS TV show
- 64. Address for male officer
- 65. www.af. ___
- 66. Dejected

Down

- 1. Epicure
- 2. Dwindle
- 3. Calibrate
- 4. Mud brick
- 5. World Wide ___ modern marvel created by Tim Berners-Lee (1990)
- 6. Inventor Whitney patents the modern marvel cotton gin (1794)
- 7. Modern marvel technology began in 1960s for aircraft
- 8. Will Tell skill
- 9. Keanu in The Matrix
- 10. Data transfer rate, in short
- 11. Descendants or heirs
- 13. Box
- 14. Former USAF org.; Gen. Curtis LeMay considered its "father"
- 19. USAF commissioning source
- 22. Transfer money as compensation for work done/services render
- 23. Military duty status
- 24. Operational ___; use of mil forces to achieve strategic goals
- 25. Head bob
- 26. Behold
- 29. Political analyst Coulter
- 34. Draw
- 35. Commercials
- 36. Dr. Hans Von Ohain created this flying modern marvel (1939)
- 37. Layman
- 38. Ceremony
- 39. Fuel
- 40. Any various tropical Asia climbing palms; used for wicker-work
- 41. Dined
- 42. Of the Seven Wonders of the Ancient World, the only one remaining
- 43. Collections
- 46. Take to court
- 48. British nobleman of a rank below that marquis
- 50. 1971 modern marvel created by ARPA scientists
- 51. Homer's neighbor
- 55. Draft organization
- 56. Modern marvel technology for military IDs
- 57. Shade tree
- 58. The Louvre architect
- 60. Indianapolis dome home to the Colts



SPORTS AND HEALTH

Hockey: Falcons take AIC, 1st season sweep

Courtesy of U.S. Air Force Academy Public Affairs

U.S. AIR FORCE ACADEMY, Colo. — Freshman Andrew Volkening stopped all 19 shots he faced as Air Force blanked American International College, 3-0, Nov. 19 in an Atlantic Hockey Association game at the Academy's Cadet Ice Arena.

With the win, Air Force improved to 7-6-1 overall this season and 5-2-1 in the AHA while AIC fell to 0-11-0 overall and 0-9-0 in the league.

Air Force earned a series sweep for the first time this season and moved above .500 for the first time this season as well. The sweep was Air Force's first in the AHA.

Andrew Ramsey put the Falcons on the board first at the 17:35 mark of the first period from Eric Ehn and Michael Mayra.

Skating 4-on-4, Ehn fed Ramsey for a one-timer from the high slot. Ramsey scored his fifth of the series and his 10th of the season as Ehn earned his 28th point of the season.

Freshman Jeff Hajner gave the Falcons a 2-0

lead at 7:12 of the second period. Josh Frider pushed a puck to the corner and Brett Nylander sent it back up the half boards to Hajner near the top of the circle. His shot glanced off the glove of goaltender Coby Robinson and into the net.

The score remained 2-0 late in the third period and AIC had several chances in the final period. The Yellow Jackets had two short-handed chances midway through the period that were turned away by Volkening. Then with 4:29 remaining, the line of Josh Schaffer, Matt Fairchild and Brian Reese drew two penalties on Yellow Jacket Mike Field that led to a four-minute power play.

Junior winger Josh Print put the game away with a goal from Theo Zacour and Billy Devoney with 4:08 remaining. AIC pulled its goalie with 1:01 remaining, but were unable to get any closer.

"This was a very good win for us," said Frank Serratore, the Academy head coach. "We needed to get these points at home and we did that. The line of Josh Print, Theo

Zacour and Olson was very good tonight and it led to the goal that sealed the game."

"Josh and Theo are excellent two-way players for us and that is a workman-like line. Volkening was solid tonight in goal. He is a very hard worker and it was great for him to have some success," added Coach Serratore. "This was a tough game, much like Friday, when the goalie doesn't get a lot of action, but Volks stayed focused and sharp."

Air Force out-shot AIC, 44-19, in the game and 88-35 in the series. Volkening made 19 saves, including 10 in the third period. Robinson made 41 saves for AIC.

Air Force was 1-for-9 on the power play while AIC was 0-for-5.

Ehn continues to lead the nation in goals with 14 and is now the national leader in points with 28 in 14 games. He had five points (1-4-5) in the series.

The Falcons travel to Denver to play the 11th-ranked Denver Pioneers Friday at Magness Arena. AFA then plays host to Robert Morris 5:05 p.m. Sunday at Cadet Ice Arena.

AF rugby team wins third straight Armed Forces title

By Kendahl Johnson

78th Air Base Wing Public Affairs

CAMP LEJEUNE, N.C. — The Air Force rugby team dominated the Marine Corps in the muddy and rainy championship match of the Armed Forces rugby tournament, winning 38-3 to continue the Air Force's dominance of the tournament.

"We are fortunate to come away with a well-earned win," said Lt. Col. Kenneth Holliday, head coach for the Air Force team. "The Marine Corps (team) never gives up. They are a fine organization."

Most of the first half was a stalemate and Air Force held a slim 5-3 halftime lead. But despite the slow start, Air Force kicked it into high gear in the second half, scoring 35 unanswered points, and its defense held the Marines scoreless en route to winning its third consecutive tournament title.

The Air Force went 5-0 in the tournament. According to 1st Lt. David Pina, Robins Air Force Base, Ga., the team was the best among the five team field.

"We were the best team out there and clearly our record proves that," Lieutenant Pina said. "It was a very good event and everybody did what

they had to do to make us the best team out there."

Lieutenant Pina, who was the leading scorer in last year's tournament, scored just one try, but excelled in the tournament defensively.

"He's an awesome defensive player who never misses a tackle," said Colonel Holliday. "I saw him tackle an opposing player nearly twice his size. He's tough, and pound for pound, he's our best player."

The Air Force team faced the Marines in its first game of the tournament, winning a tough defensive battle 13-5. They then squeaked by the Army team 5-3 in another hard-fought defensive match. Several missed penalty kick attempts caused Army missed opportunities at defeating the defending tournament champions.

"We got a little lucky against Army as their kicker was off," Colonel Holliday said. "But we are a very skilled team with a nice mix of experience and youth. We have good set of corps leaders with good work ethics, and the players know what needs to get done to win."

Air Force was unchallenged the second day, defeating Navy 52-10 and Coast Guard 37-3 in consecutive blow outs on their way to playing in the



PHOTO BY MAJ. SCOTT FOLEY

Air Force 1st Lt. David Pina runs past Army defenders during their match Oct. 23 at the Armed Forces Rugby Championship at Camp Lejeune, N.C. The Air Force team, which went on to win its third consecutive tournament title, edged the Army team 5-3.

championship game against the Marines.

"As a team, we got better and better with each game. By the cham-

pionship game, we were really clicking," Colonel Holliday said. "Overall, our team depth and fitness really came through."



SPORTS SHORTS



Turn slip in to the Public Affairs office by 4:30 p.m. today. They are located in Bldg 600, suite 1099.

The participant who picks the most winners will win a free large one-topping pizza from the End Zone. The name will be announced next week.

Week 12 Schedule

Thursday

Miami at Detroit 10:30 p.m. CBS
 Tampa Bay at Dallas 2:15 p.m. Fox
 Denver at Kansas City 6:00 p.m. NFL

Sunday

Cincinnati at Cleveland 11 a.m. CBS
 Jacksonville at Buffalo 11 a.m. CBS
 Pittsburgh at Baltimore 11 a.m. CBS
 New Orleans at Atlanta 11 a.m. Fox
 Carolina at Washington 11 a.m. Fox
 San Francisco at St. Louis 11 a.m. Fox
 Arizona at Minnesota 11 a.m. Fox
 Houston at N.Y. Jets 11 a.m. CBS
 Oakland at San Diego 2 p.m. CBS
 Chicago at New England 2:15 p.m. Fox
 N.Y. Giants at Tennessee 2:15 p.m. Fox
 Philadelphia at Indianapolis 6:15 p.m. NBC

Monday

Green Bay at Seattle 6:30 p.m. ESPN



Football Genie

Circle winners and turn into Public Affairs by 4:30 p.m. today.

Congratulations to last week's tied winners, Master Sgt. Curtis Bates, wing safety, and Audra Layne, 27th Services Squadron.

Name/Unit/Phone _____

Total Monday points (tie breaker) _____

Cannon Lanes 784-2280

Wild Wednesdays — On Wednesdays in November receive discounts from 1:30 to 4:30 p.m. Bowl four games and receive free shoes and a drink for \$5.

From 6 to 9 p.m., bowl as many games as possible for \$5 per person.

Cosmic Bowling — 6 p.m. to midnight, Saturday. Bowl with the lights over the lanes turned off and blacklights turned on for \$2 per game. Music will play in the background.

Youth Center 784-2747

Tween and Teen activities — Join Air Force Services' youth program in skating today and Nov. 29, a ping pong tournament Saturday, kickball Tuesday, and basketball Thursday. Call the Youth Center for times.

Whispering Winds

Golf Course 784-2800

Thanksgiving Day Special — Single Airmen living in the dormitories receive free golf and club rental Thanksgiving Day. Check out clubs today and bring them back on Monday. The course will be open, weather permitting.

Thankful Thursdays — Active duty military and their family members can play 18 holes of golf with an electric cart for \$6 on Thursdays in November.

Senior Days — Senior golfers, 50 years and older, receive \$2 off daily green

fees and 50 percent off electric cart rentals on Monday and Friday.

Member First discounts — 10 percent discount off annual, quarterly and monthly greens fees. Half-off club rentals. \$2 off cart rental for 18 holes.

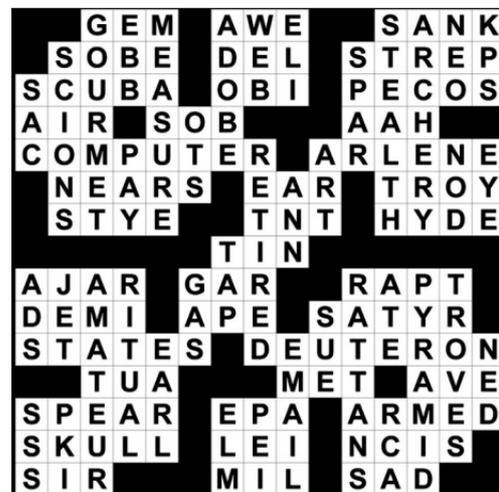
Outdoor Rec. 784-2773

Annual holiday tree cutting trip and light parade — Dec. 9, \$20 for adults, \$15 for children 12 and younger. Kick off the holiday season with a trip to the Festival of Lights and a tree cutting in Ruidoso, N.M.

Proper towing accessories are necessary to take the tree home from Outdoor Rec. Sign up deadline is Dec. 4.

End Zone 784-4283

Football Frenzy — Football Frenzy kicks off at 10 a.m. every Sunday. Don't forget to stop by for Monday Night Football at 5 p.m.



ANSWERS TO PUZZLE ON PAGE 16