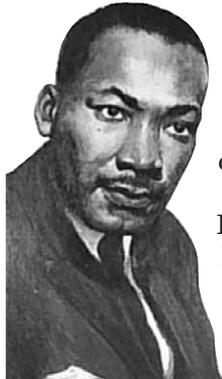


Community News

Dr. King breakfast



A breakfast commemorating Dr. Martin Luther King's birthday starts at 8 a.m. today at the base chapel.

Guest speaker is Pastor Maurice Monson, associate pastor at the Faith Christian Family Church.

Right Start

Right Start is from 7:30 a.m. to noon on Wednesday at The Landing.

All newly arrived Airmen, except for those at the First Term Airmen Center must attend.

For more information, call 784-4228.

Heart Link

Spouses are invited to join Heart Link at the Airman and Family Readiness Center from 8:15 a.m. to 2:30 p.m. on Monday.

Heart Link increases awareness of the Air Force mission, its customs, traditions and protocols and available resources and services. Lunch and child care are free.

For more information, call 784-4228.

Positive Parenting

This class provides developmental education and parenting techniques for behavior and discipline focusing on ages 1 to 6. Parenting skills discussed can work with any age. The class is two sessions, from 2 to 4:30 p.m. Wednesday and Jan. 24 at the Airman and Family Readiness Center.

For more information, call 784-4228.

Bundles for Babies

Bundles for Babies is 8:30 to 11 a.m. Thursday at the Airman and Family Readiness Center. The class is open to expectant mothers who are at least 20 weeks pregnant or who have a newborn younger than 3 months.

Active-duty Air Force members or spouses of active-duty members attending the class receive a \$75 gift bundle.

Due to space availability, please do not bring children.

For more information, call 784-4228.

2007 vehicle decals

All 2006 vehicle decals will become void on Jan. 30. New decals may be

More Community News on page 10

MACH METER

Vol. 52, No. 1

Cannon Air Force Base, N.M.

Jan. 12, 2007

Commander's Corner

Happy New Year, Team Cannon! I hope everyone had a great holiday season and enjoyed time with families and friends. We had some extra time off, courtesy of Mother Nature, and I'm glad to report that it was a safe holiday season at Cannon. We had no major accidents or injuries and I commend all of you for keeping safety on your front burner.

As we buckle down for 2007, it's appropriate to reflect on the accomplishments and challenges of 2006. Last year, more than 1,200 Cannon Airmen deployed in support of global operations. Today, our largest contingent is still serving at Balad Air Base, Iraq, and to date, has generated and flown more than 1,200 combat sorties in support of Operation Iraqi Freedom. Last year, we put significant effort into our readiness preparation that included Expeditionary Combat Skills training for our Airmen, teaming with the New Mexico Guard for convoy training, and participating in five Flag and nine local Army Special Operation Forces exercises. We were the first Air Force unit to participate in Jordan's Falcon Air Meet. On another Middle East deployment, we trained with United Arab Emirates pilots. In the middle of 2006, we took on the task (whew!) to begin of planning for a new mission. That resulted in significant efforts, particularly in our Mission Support Group, Medical Group, Wing Plans Office, and Operations Support Squadron. And in the midst of our deployments, training and transitional planning, we were recognized for outstanding accomplishments. We had a

near-perfect 99 percent rating during the Air Combat Command Unit Compliance Inspection. We received the New Mexico Green Zia Award for environmental excellence. Our Airmen and units won 17 out of 24 safety categories in 12th Air Force. And we were ACC's runner-up wing for the 2006 Installation Excellence Award.

We did not do this alone. Organizations such as the Clovis Committee of Fifty, Portales Military Affairs Committee, community chambers of commerce and the Friends of Cannon Families proved what we already knew — our communities care about our Airmen and their families. Most importantly, community support never wavered while Cannon's future was under review. Let me mention a few things accomplished last year with community friends: "Operation Thank You," Cannon Appreciation Day, the Single Airman's Christmas Dinner, Hall of Heroes, educational agreement with Clovis City Schools, "Discover Home," "Work Hard, Play Smart," Air Expo 2006 with more than 15,000 community guests, educational fund raisers like Wild, Wild West, and our Bataan Death March memorial. None would have been successful without community interest and participation. And, I'd like to extend a special thanks to individuals and organizations that helped showcase Cannon, and the Clovis and Portales communities to Air Force Special Operations Command leadership and families. In ACC, Cannon's community support was already known as world class — now AFSOC has the same sight



OFFICIAL AIR FORCE PHOTO

Col. Scott West
Commander, 27th Fighter Wing

picture.

We'll kick off 2007 by welcoming our returning warriors and resuming our training regimen. We have a significant commitment in this summer's Aerospace Expeditionary Force rotation, as well as numerous deployments throughout the year. So, readiness will still be Job One — we're still needed and a valued part of our nation's arsenal. In addition to focusing on readiness, we'll continue to plan for the next phase in Cannon's long history. We'll also begin to transfer our jets to other active duty and reserve F-16 units. I know we'll meet those challenges with the same level of enthusiastic professionalism that's the reputation of the 27th Fighter Wing. Thanks for making me the proudest wing commander in the Air Force. It's an honor to be a part of your parade.

Cannon One

Saving energy helps AFSO 21

By Tech. Sgt. Bryan Gatewood
Pacific Air Forces Public Affairs

HICKAM AIR FORCE BASE, Hawaii — Pacific Air Forces officials have seen a 17 percent reduction in energy use from fiscal 2003, well on its way to exceeding the Energy Policy Act of 2005's goal of reducing energy consumption by two percent each year from 2006 through 2015 for a total of 20 percent.

PACAF had the largest energy use reduction of any major command during 2006.

"PACAF funds projects to make our base facilities more

energy efficient — we run these programs because they save us money in the mid to long term. In the short term, we need to conserve and cut waste now, to control PACAF's energy bills this fiscal year," said Dean Nakasone, command facility energy conservation program manager.

Some of the factors that helped contribute to the reduction were implementing a command-wide strategic energy conservation plan.

The contracted resource-efficiency manager, Greg Lizak, who works with Mr. Nakasone, takes the bases' request for

■ See AFSO 21, page 2



NEWS

Air Force may hold RIF board if goal not met

By Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON — The Air Force will convene an officer reduction in force board in June if it fails to meet its force-shaping goal, said the service's senior most officer for manpower and personnel.

"While the goal has been to reduce active-duty end strength through voluntary programs where possible, if at the end of the extended Voluntary Separation Pay application window the [fiscal year] 2007 goal has not been reached, the remaining losses will be achieved through an officer RIF board in June 2007," said Lt. Gen. Roger Brady, Air Force deputy chief of staff for manpower and personnel.

The window for officers to voluntarily separate from the Air Force with the VSP option has been extended to March 31. As of Dec. 28, the service had approved just over 1,800 applicants for the program. Officers seeking more information about VSP can call the Air Force Personnel Center contact center at (800) 616-3775, or visit its web site.

General Brady said the RIF board

would consider Air Force officers with six to 12 years of active commissioned service in overage career fields from six year groups: 1995, 1996, 1997, 1998, 2000 and 2001. The RIF board process is expected to achieve approximately 1,000 officer reductions. Officers not selected for retention will be separated by Jan. 29, 2008.

Force shaping is not simply about reducing numbers, however, the Air Force will also ensure that it has the right number of officers and enlisted, with the right rank, in the right career fields.

"The Air Force is in transition and we must focus on optimizing our force structure," General Brady said. "Through voluntary separations, attrition, adjustments to accessions, retraining and a RIF board, we can ensure we have the number of officers we need, in the right career fields, and with the right level of expertise. I encourage all commanders to conduct frank discussions with their officers concerning their vulnerability for the RIF board."

In 2004, the Air Force had 372,000 active-duty Airmen. Today, the service has about 347,300. Through force



PHOTO BY MASTER SGT. JIM VARHEGYI

Lt. Gen. Roger Brady answers questions during a hearing before the House Armed Services Committee in 2005. General Brady, Air Force deputy chief of staff for manpower and personnel, spoke at the 2006 Air Force Association Air and Space Conference in Washington, D.C., on Sept. 26.

shaping, the goal is to reduce that number by another 31,000 to about 316,000 by fiscal year 2009. In fiscal year 2007 alone, the Air Force has over 5,500 projected officer losses (about 70 percent

of the goal) and 16,500 projected enlisted losses (almost 50 percent of the goal). These losses reflect the combination of targeted force shaping and normal attrition, which total over 30,000 each year.

AFSO 21

Continued from Page 1

project funding and prioritizes them to lessen PACAF utility bills in years to come.

"PACAF must continue to take aggressive efforts to reduce utility bills and conserve energy," Mr. Nakasone said.

He added that keys to successfully reducing utility bills and energy consumption include Airmen implementing low-cost or no-cost measures to reduce waste, energy experts identifying and implementing energy-efficiency measures, and implementing projects to reduce utility costs and save energy.

"The bottom line is, Airmen are vital in using energy wisely and helping to reduce utility costs," Mr. Nakasone said. "Conservation goals are achievable without impacting our quality of life."

Below are some common tips Airmen can use to help with energy and water conservation no matter where they are stationed.

At work:

— Turn off lights at the end of the day, during lunch and when out for meetings. Break rooms, storage rooms and conference rooms should be dark when not in use.

— Turn off computer monitors when not in use.

— Turn off outside lights during the day. Report faulty sensors and controls that fail to turn off exterior lights, street lighting and security lighting during the day.

— Keep window shades closed on the sunny side of

the building to limit heat from the sun when building is being cooled by air conditioners.

— De-lamp over-lit spaces. If occupants feel offices are too bright, tubes may be removed. Supplemental task lighting can then be used to provide light at places more appropriate for the occupant.

— Know and set thermostats in accordance with installation thermostat policy.

— Set back temperatures of heating and cooling systems during unoccupied hours.

— Report leaky piping, hose bibs, faucets and toilets to building managers for repairs. In addition to saving water, this could lessen the chance of water or moisture damage to the facility.

At home:

— Turn off lighting, air conditioning, fans, televisions, computers, appliances and other electronics when not in use.

— Use fans instead of air conditioners. Two fans in place of 8,000 BTU room air conditioner running four hours a day will save more than 1,150 kilowatt hours and \$161 per year.

— Set thermostats in accordance with installation policy.

— Wash or replace air conditioning filters according to manufacturer's recommendation. This enables the air conditioner's fan or blower to work efficiently while improving indoor air quality.

— Use Energy Star appliances and electronic equipment. Product listings and energy savings calculators are available online at www.energystar.gov.

— Seal doorways and windows against infiltration of outside air.

— Wash and rinse clothes in cold water. This saves energy and water.

— Use water-conserving showerheads (no more than 2.5 gallons per minute) and faucet aerators (no more than two gallons per minute).

— Take showers instead of baths.

— Wait until you have a full load before using a washing machine or dishwasher.

— Air-dry dishes instead of using heated drying feature on dishwasher.

— Water lawns in the early morning or evening to minimize evaporation loss. For sprinkler systems, adjust timers and select proper nozzles to minimize runoff.

— Use a broom instead of a water hose to clean off sidewalks, driveways, patios and parking areas.

Energy conservation helps combat ever-growing utility expenses.

"The cost saved by saving energy, especially ending waste, frees up funds to pay for mission and quality-of-life requirements," Mr. Nakasone said. "Energy conservation is a great way to increase what we are able to provide for our Airmen and mission."



NEWS

Tax season kicking off: Center saves money for Cannon filers

By Capt. Robert Palmer
Assistant Staff Judge Advocate

The "Fifth Season" is upon us! Anyone who is closely related to an accountant knows that there are not four, but five seasons in a year: spring, summer, fall, winter and "tax season."

During the other seasons, we accumulate leaves, snow and mosquito bites. During tax season we accumulate paper. And more paper.

Organizing tax-related documents is not just a project for the evening of April 13. Good tax organization is a year-round project.

The 27th Fighter Wing Legal Office will again be providing free tax help, to include electronic filing, for active duty members and their families, civilians and other members of Team Cannon. Beginning on Jan. 26, the Tax Center staff will review returns.

These Volunteer Income Tax Assistants, or VITAS, will prepare federal and state income taxes, free, for all military ID card holders at Cannon. In addition to customer service the VITAs have critical IRS information readily available on topics such as the earned income credit, additional child credit, deductions and other

important financial aspects. Hours for the Tax Center starting Jan 26 are:

Appointments – Call 784-7304 or 784-2211.

Monday Wednesday and Friday – 8 a.m. to 4 p.m.

Tuesday – 2 to 4 p.m.

Thursday – 8 a.m. to 1 p.m.

Walk Ins – For form 1040 EZ filers only.

Tuesday – 8 a.m. to 1 p.m.

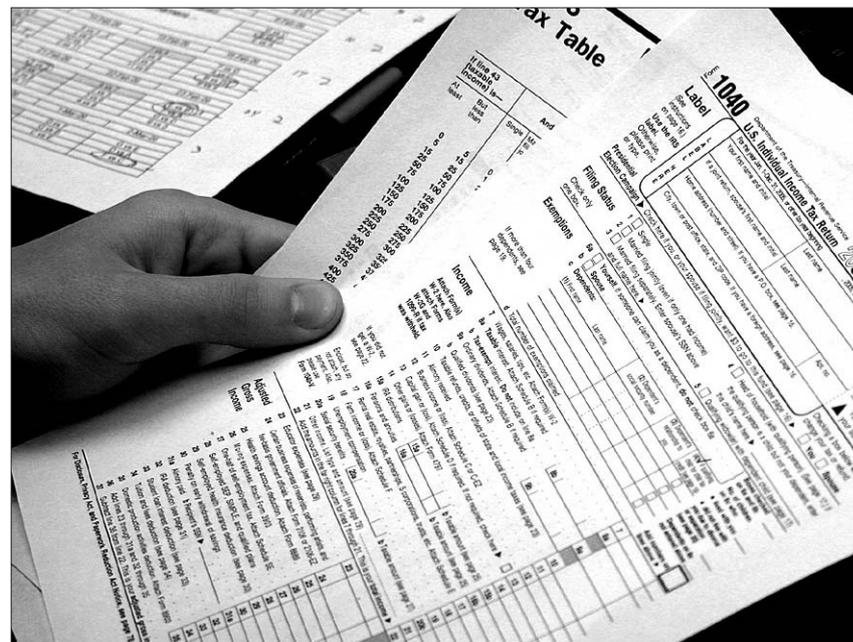
Thursday – 2 to 4 p.m.

Those filing the regular 1040 or 1040A forms should make an appointment

The tax section of the Cannon public Web site at www.cannon.af.mil/library/factsheets/factsheet.asp?id=4960 and the secure Cannon Intranet accessible on government computers at <https://www2.cannon.af.mil/FW/SA/JA/tax.htm> have most recent tax center updates, a list of useful links to information and a printable check-

list of documents to bring when filing taxes.

The "fifth season" is again upon us, bringing with it all sorts of paperwork and important deadlines. Don't wait until the last minute and don't trust just anyone with your taxes. The Cannon Tax Center stands ready to help with all income tax questions and concerns, and, to make "tax season" pass with as little stress and anxiety as possible.



FILE PHOTO BY JANET TAYLOR-BIRKEY

The Cannon Tax Office opens Jan. 26 to assist Airmen, government employees and retirees with tax preparation. The tax office is located in the Cannon Law Center, Bldg. 60. To schedule an appointment for this free service, call 784-7304.

January Cervical Cancer Screening Month

Maj. Marina Johnston,
Women's Health Care Nurse Practitioner

Cervical cancer is rare in the United States because of the widespread use of pap smears that catch changes in the cells on the cervix before it becomes cancer. However, according to the American Cancer Society, about 9,710 new cases of cervical cancer have been diagnosed in the U.S. in 2006, with about 3,700 women dying from it annually.

The human papilloma virus (HPV) causes most cervical cancers.

According to the American Society for Colposcopy and Cervical Pathology, the HPV virus is a common sexually transmitted virus, that about 80 percent of all women are exposed to at some point in their lives.

There are high-risk types of this virus that can lead to cervical cancer and low-risk types that may affect other parts of the body. Most HPV infections are treated before causing cervical changes that could lead to cancer. This virus is unique in that it may lay dormant for years before causing any changes in the cells of the cervix.

Women can reduce their risk of transmitting the HPV virus by avoiding multiple sexual partners and by young women waiting until they get older to become sexually active.

Using condoms also decreases the transmission of the HPV virus although it can still be transmitted through other forms of skin contact. Additionally, maintaining a healthy lifestyle by not smoking and eating a well balanced diet with at least five servings of fruits and vegetables a day can greatly reduce the risk of developing cervical cancer.

Another way to prevent cervical cancer is to have pap smears done regularly.

Pap smears detect precancerous changes to the cervix, which can be treated before cervical cancer develops.

Pap-smear testing should begin three years after women become sexually active, or by age 21, and continue at yearly intervals until age 30. Once women turn 30, they only need to be tested every two to three years if the past three pap tests were normal.

Finally, women who have had their uterus and cervix removed for non-cancer or pre-cancer

reasons do not need to continue to have pap smears done.

A vaccine protecting against certain high-risk strains of the HPV virus has been recently approved for females ages 9 to 26 years.

Studies are currently underway for older age groups. A Center for Disease Control and Prevention advisory committee recommends that all females 11 to 26 years old receive the vaccine; the best time to receive this vaccine is before any sexual encounter.

Women who are sexually active should consult their healthcare provider to see if the vaccine would be beneficial.

This vaccine is expected to be available at the 27th Medical Group immunization clinic in a few months. For details, call 784-4040.

Women's Medical Center in Clovis offers this vaccine, but it is not covered by Tricare at this time.

For more information, contact the Cannon Women's Health Care Clinic at 784-1042.

Appointments for pap smears can either be made with primary care managers (PCM) or with the Women's Health Care Clinic.



COMMENTARY

Formal, informal feedback key to motivation

By Lt. Col. William Routt
95th Fighter Squadron commander

TYNDALL AIR FORCE BASE, Fla. – What motivates you? Equally important, how do you motivate someone else?

Slogans or processes attempt to make us better or more efficient, but I believe nothing is more important than getting someone to want to do more.

Jack Welch, former chief executive officer of General Electric, talked about “differentiation” and his 20-70-10 categories of people. To paraphrase him, the top 20 are the show ponies, the middle 70 are the normal majority, and the bottom 10 are the slugs.

“Differentiation is about managers looking at the middle 70, identifying people with the potential to move up and cultivating them,” said Mr. Welch. “But, everyone in the middle 70 needs to be motivated and made to feel as if they

truly belong.” Hope for advancement or a chance to enter the top 20 must be provided to the middle 70.

Performance feedback is habitually lacking for those who surround us. Often, even acknowledgement is not there. Obviously, the Air Force dictates it. Performance feedback worksheets are a great point of departure. But, what about informally? For example, a “Hey, that was exactly what I was looking for” comment counts as informal feedback.

If people are never told, “Good job!” or given constructive criticism, expect them to avoid thinking creatively in the future.

Informal and constant feedback is more effective than the required twice a year sessions. Ask yourself if you’ve gone home after completing a project and wondered if that was what the boss was looking for. Have you wondered if you overstepped your bounds or stepped out

of your lane with some idea you pressed with? Could there be someone who works for you wondering the same?

Recognition comes in different ways. Medals and ribbons are presented. There is the quarterly or yearly awards program. There are nice letters and congratulation notes from bosses.

All are truly great but that is not enough. How you communicate needs to extend beyond the monthly commander’s call.

Indeed, retired Maj. Gen. Perry Smith put it well: “Leaders should recognize not just the top performers, but also the many others who are competently doing their jobs with good attitudes and a strong commitment to the institutional goals. Making continuous efforts during the morning, at noontime and before leaving in the evening to thank people is an important part of taking care of them.”

This cannot be insincere. Do not coddle or thank someone for showing up to work on time, but you can, and should, recognize someone completing a project or job on time.

We serve our country. That, in and of itself, is worthy of thanks. Nevertheless, everyday thank yous can get mundane. It should be acknowledged, but it must be done with sincerity.

Recognize true service to one’s unit and its mission and goals. Acknowledge someone who put forth his or her effort even if it fell short of how you may have wanted it. Just by talking to that person you will be helping them for future endeavors and motivating further efforts.

Don’t stop the formal stuff, for that is just as critical. But, do put forth efforts to always be there for your Airmen.

7 New Year tips for the ‘resolutionaries’ among us

By Lt. Col. John Leitnaker
Air Force Materiel Command Surgeon
General’s Office

WRIGHT-PATTERSON AIR FORCE BASE, Ohio – It’s January, and once again there is a wave of “resolutionaries.” You know, all those folks who have a new plan to change their lives. They are out in force, filling the gyms, losing weight, quitting smoking and telling anyone who will listen about their latest behavioral change.

Many try to fix everything at once.

The fact is, it is a great time to make a change, whether losing

weight, spending more time enjoying your children, getting spending under control or finding that quiet time for reflection.

People are frequently more successful at making these changes during this time of year. They subsequently reap rewards through improved health, appearance and relationships.

We know the gym is crowded now, but in a few months there won’t be as much trouble finding a parking space. The big talker at work won’t be talking about the newest diet anymore. How can you be one of the successful resolutionaries?

Here are seven quick tips to

help you be successful:

1. Identify one thing you want to improve. If you begin with one thing and have success, you are likely to try other changes. If you take on a few changes at once, you are more likely to quit them all.

2. Make a list of the benefits of the change and keep it handy for review. Lists helps articulate why you want to make a change and can be useful in motivating yourself when you are feeling weak or frustrated.

3. Make a plan. Identify a series of small, easy steps to achieve the changes you want to make. A plan might include

things like setting a date, scheduling a class, acquiring needed items, such as good exercise shoes, or getting rid of things like ashtrays or high-calorie snacks.

4. Make use of the resources around you. Join a class for support and encouragement. Ask your family and friends for their support. Encourage a friend to make the change with you.

5. Set goals. Working toward a reasonably attainable goal will help keep you focused. Track your progress and remind yourself that you are moving in the right direction.

6. Reward yourself. It may seem like a small thing, but plan-

ning rewards for progress and then actually giving yourself these rewards has been shown to be a very effective technique. It helps you celebrate the change and motivates you to press on.

7. Don’t give up if you experience small setbacks. Setbacks are not uncommon for a variety of reasons, such as illness or disrupted schedules. Remind yourself you are still further along than you were and get back to where you left off.

Set yourself up for success as a resolutionary with these few tips and start reaping the rewards.

MACH METER

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News articles, local notes and other items for the *MACH METER* should be brought to the 27th Fighter Wing Public Affairs Office, 110 E Sextant Ave. Suite 1099, or e-mailed to the Mach Meter at

27fumachmeter@cannon.af.mil.

All submissions will be considered for publication based on news value and timeliness.

Every article and photograph will be edited for accuracy, clarity and brevity, conformance with the Associated Press Stylebook and Libel Manual and with Air Force Instruction 35-101. Coverage of upcoming events should be arranged in advance by calling the Public Affairs office at 784-4131.

If you have a suggestion you would like to make, or a kudo you’d like to give, call the **ACTION LINE at 784-2722** — If you have a problem you need resolved, call the responsible agency first so they can provide better service to everyone promptly.

Deadline for submitting articles is noon Thursday the week prior to publication. Deadline for free classified advertisements is noon the Tuesday prior to publication.

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NEWS

This week's Viper Volunteer is

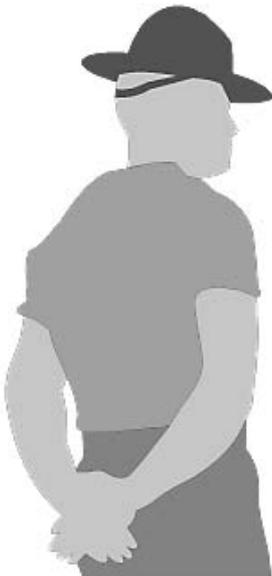


1st Lt. Tygina Bibbs

Col. Scott West, 27th Fighter Wing commander, congratulates Lieutenant Bibbs for being selected Viper Volunteer. She has volunteered her time to foster and rescue homeless animals for the local humane society, volunteers for Airmen Against Drunk Driving and helped the Officers Spouses' Club raise funds for scholarships at its annual Wild West Night.

PHOTO BY STAFF SGT. APRIL WICKES

The Viper Volunteer highlights the spirit of volunteerism and extraordinary contributions to the Cannon community. To nominate a Viper Volunteer, call Ellen Saccoia-Smith at 784-4228.



Sgt. Afi's 36-2903

Tip of the Week

The woodland patterned Gortex parka hood may be stowed in the neck collar area.

Gortex liners will not be worn as an outer garment.

The parka may be worn without the pants, however, the pants may not be worn without the parka.



Energy-Saving Tip of the Week

Ensure windows and outside doors stay closed during winter. Opening a window to lower room temperature wastes energy. If the system isn't keeping your room the correct temperature, get it corrected. At work, report it to your facility manager. In Military Family Housing, call Housing Maintenance at 784-8363.



NEWS FEATURES

Unsecured networks open doors for hackers, spies

By Airman 1st Class Andrew Dumboski
99th Air Base Wing Public Affairs

NELLIS AIR FORCE BASE, Nev. — With wireless technology, consumers can easily network their computers within their household and access the Internet through any of their computers.

Consumers can sit in a lawn chair on their back porch and catch up on their e-mail and news, even do some online banking. But with this newfound convenience lies a new danger.

“Any information that travels over a wireless network can be accessed by anyone on that network,” said Steve Carlson, 99th Communications Squadron wireless security manager. “Even if you’re accessing a secure Web site, your information is only secure between the Internet and your wireless router. Everything traveling between that wireless router and your laptop is visible.”

Driving through base housing, with a laptop revealed many that were unsecure.

Part of Mr. Carlson’s job is to test wireless networks on base to ensure none of the residential networks are infringing on any of the government ones. He estimates more than half of the networks he has found are not secure.

“Having a wireless network without any form of security is equivalent to allowing a complete stranger to look over your shoulder while you work on your computer,” said Special Agent Randy Bond, of the Air Force Office of Special Investigations. “Someone could drive by your house, monitor your wireless signals, and collect all kinds of information about you.”

This could lead to identity theft or worse. Depending on how the computer is configured, a hacker with a moderate amount of knowledge could log on to someone’s network and have complete access to the victim’s files. The hacker could install keystroke loggers and viruses with just a few clicks of a mouse.

“As military members, we have access to sensitive information; other people are aware of that. [Operational security] isn’t just for use on the job; we must make it a practice in our personal lives too,” Agent Bond said.

“People who use their personal computers to access their Web-based government e-mail are a perfect example,” he said. “If you’re accessing that e-mail through an unsecure wireless connection, anyone could connect to that network, and, with the right software, monitor every one of your keystrokes. They could have your logon [information] and even password information and you would never know it.”

Adding to that danger, people living on the outer wall of the base risk their network to someone off base.

From the visitor’s center parking lot, use of a standard laptop recently found three wireless networks visible, two of which were unsecure. The secure network was from a business on the other side of Las Vegas Boulevard. Both of the unsecure networks were broadcasting from Nellis AFB.

“From time to time, I turn on my laptop and test to see how many unsecure networks are visible while I’m on my way to work,” Mr. Carlson said. “Between Nellis’ main gate and the intersection of Martin Luther King Boulevard, I’ve counted about 270 wireless networks. More than half had no security turned on at all.”

Unsecure networks on military installations present a big operational security risk, Agent Bond said.

However, people driving around with a laptop searching for unsecure networks are not always trying to steal personal information. Often they’re just looking for access to the Internet, Agent Bond said.



PHOTO BY AIRMAN 1ST CLASS ANDREW DUMBOSKI

Airmen and their families using home wireless networks may be leaving themselves open to hackers. The wireless security manager at Nellis Air Force Base, Nev., said more than half of the personal Wi-fi networks on base are not protected.

“It’s called ‘wardriving,’” he said. “Someone drives around looking for an open network, logs on and surfs the Internet. To your Internet service provider, they appear to be you.”

Victims of wardriving have no idea it’s happening. The person can sit in a car outside, surf the net or hack a computer, and drive away. They could also steal personal information from the victim, drive to another open network and use the first victim’s identity. Any attempt to trace the identity theft would lead to the second victim.

Store-bought routers usually come with some form of protection.

“If you don’t know how to set up wireless security on your router, the owner’s manual usually explains it well. You can also get information on the Internet,” Agent Bond said.

As technology becomes more accessible and cheaper, unscrupulous people also advance in their ability to use that technology for their own agendas.

“It’s important for people to take measures to protect themselves from being victimized,” Agent Bond said.

NORAD chalks up another successful year tracking Santa

By Tech. Sgt. Dwight Hawkins
Air Force Print News

SAN ANTONIO — North American Aerospace Defense Command officials wrapped up another successful year of tracking Santa on his annual trip to homes around the world, according to NORAD officials.

The 756 volunteers answered 65,355 phone calls between 2 a.m. Christmas Eve and 2 a.m. Christmas Day, said Maj. Stacia Reddish, NORAD’s Track Santa project officer.

NORAD volunteers received calls from every state in the U.S., with the most callers phoning in from Texas, California and Florida.

“All of those poor states with no snow,” Major Reddish said.

Between Nov. 17 and Dec. 31, the NORAD Tracks Santa Web site, www.noradsanta.org, received 907,958,865 hits from 210 countries and territories around the world.

Web site viewers will have more to look forward to for the 2007 Christmas season.

“We always try to set Santa cams up over an additional major city each year, so we have additional video trails for the kids to look at,” Major Reddish said.

With 51 years of tracking Santa under its belt, NORAD is always planning ahead to make the next holiday season more enjoyable than the last.



COURTESY GRAPHIC



Operation Homefront Quilts

helping mend the scars of war

Operation Homefront Quilts volunteers make quilts for family members who have suffered a loss in the war.

Volunteers are needed in a variety of areas.
No experience is necessary.

Patriotic style fabrics needed:
100 percent cotton
please no fireworks or celebratory style fabrics

*For more information, call Ellen Saccoia-Smith
at the Airman and Family Readiness Center
784-4228*



NEWS FEATURES

Congress approves retroactive SGLI benefits

Courtesy of Air Force Personnel Center

RANDOLPH AIR FORCE BASE, Texas – Base-level Casualty Assistance Representatives around the Air Force have been instrumental in identifying eligible families to receive a total of more than \$178 million in retroactive death benefits.

The payments, made by the Defense Finance and Accounting Service (DFAS), come from recent changes enacted by Congress within the Servicemembers' Group Life Insurance and death gratuity payment programs.

The retroactive SGLI and death gratuity payments to eligible beneficiaries of deceased servicemembers comes from legislation enacted since May 2005 that raised SGLI from \$250,000 to \$400,000 and gratuity from \$12,000 to \$100,000. Additionally, the authorizations increased retroactive death benefits (up to \$238,000) to an ever expanding group of eligible beneficiaries going back to Oct. 7, 2001.

Jacqueline Pinkett-Smith, Casualty Assistance Representative at Cannon, was responsible for identifying eligible family members to distribute a total of \$2,225,800 in retro death gratuity and SGLI payments in 2006.

Regarding the retroactive provision,

the May 2005 bill included only deaths in the Southwest Asia area of responsibility in support of Operations Iraqi Freedom and Enduring Freedom, while a January 2006 bill expanded eligibility to all deaths, regardless of where the death occurred. The most recent bill in June eliminated an inadvertent window of eligibility gap contained in the second bill.

To date, DFAS has paid more than \$178 million to 1,944 of the total 2,066 eligible beneficiaries, about 94 percent of those identified for retroactive pay.

Of the remaining 122 beneficiaries, all but 28 can be paid as soon as the required guardianship documentation is received from the beneficiary, according to Mr. Perry.

"We have 28 remaining beneficiaries that, despite all our collective efforts, have yet to be found," said Col. John Kresek, director of Force Operations at AFPC. "The search continues; we are in contact with other federal agencies to see if their name or address databases can be used and we'll continue the search until we locate and make payment to the remaining beneficiaries."

"The Air Force has the right sight picture in its commitment to supporting our warfighters and their families," the colonel added.

Personnel claims streamlined

Courtesy of the Air Force Claims Service Center

The Air Force Judge Advocate General's Corps is consolidating the processing of certain claims — commonly known as personnel claims — at a single location in Dayton, Ohio. These claims involve loss or damage during shipment of household goods as well as privately owned vehicles in storage at government expense, and loss or damage to personal property located in government quarters or other authorized locations incident to government service.

Other types of trauma-related claims, such as those resulting from the alleged negligence of a government vehicle driver for example, will continue to be processed at the base legal office.

For personnel claims, the new process will enable Air Force employees to file claims on the Intranet and electronically submit required documents to the Air Force Claims Service Center (AFCSC) in Ohio. Employees can complete the process from home after a one-time login on any government computer.

As employees complete their claims online, they can get customer service over the Web or from the AFCSC by phone. Not only will the online filing system accelerate the processing of the claim, it will allow for quicker payment.

The DD Form 1840/1840R, entitled "Joint Statement of Loss or Damage at Delivery/Notice of Loss and/or Damage," will continue to be submitted within 70 days from the date of delivery to the local base legal office. After that, the claim itself will be submitted directly to the AFCSC within two years from the date of the incident.

If you are assigned to Cannon, you will be able to file your claim electronically beginning Tuesday. For claims before that date, stop by the legal office.

For more information, visit the AFCSC's Web site at <http://legalassistance.law.af.mil/claims> or call the base legal office at 784-2211. After Tuesday, file a claim at <https://claims.jag.af.mil> or call the AFCSC at (877) 754-1212 or DSN 986-8844.

Airpower strikes insurgent stronghold in Iraq

Courtesy of Air Force News Service

SOUTHWEST ASIA — U.S. Central Command Air Forces air and space power supported coalition actions in Operation Iraqi Freedom with use of the F-16 Fighting Falcon, F-15E Strike Eagle and B-1 Lancer aircraft that dropped precision munitions Monday on a known insurgent strongholds south of Balad Ruz, Iraq.

The strike targeted personnel and equipment of the insurgents and terrorists.

"The combined use of our wide range of aerial assets is a perfect example of the flexibility of our coalition forces. We're able to provide the joint force commander with the desired effects using the most appropriate airframe," said Lt. Gen. Gary North, U.S. CENTAF commander, who also serves as U.S. Central Command's combined forces air component commander.

Air strikes were conducted against more than 25 targets including enemy buildings,

equipment, vehicles, weapons caches and personnel. The aircraft used in the operation were selected in order to deliver the required effects to the ground commander.

"Air strikes in support of this operation were a success because of the combined efforts of our aircrews, ground forces and the Iraqi Army working in concert to shut down the terrorists' ability to operate in the Diyala Province," said General North.

In addition to the F-16s, F-15Es and B-1s, coalition aircraft provided a wide array of support for the coalition ground forces, including air refueling, close-air support, intelligence, surveillance, reconnaissance and strikes against planned targets over the duration of the operation, which began Dec. 26.

"U.S. CENTAF and the combined air component commander forces will continue to provide support to the Iraqi government in their efforts to build a new Iraq. We are committed to helping the Iraqi people establish a safe and secure country," said General North.



PHOTO BY SENIOR AIRMAN BRIAN FERGUSON

F-15E Strike Eagles, similar to this one refueling over Iraq, play a critical role daily in providing close-air support to ground forces in contact with anti-Iraqi forces as part of Operation Iraqi Freedom.



COMMUNITY EVENTS



PHOTO BY GREG ALLEN

Pet of the Week

This female beagle is available for adoption. She has blue eyes, a short smooth coat and a long tail. For more information, call the Airman and Family Readiness Center at 784-4228.

■ Continued from page 1

picked up at the visitors center. Drivers must bring their license, proof of insurance, military ID and vehicle registration.

Capt. Kermit Evans' estate

Any person(s) having a claim for or against the estate of the late Capt. Kermit Evans should contact Capt. Alesandra Neiman immediately at 693-2285.

DEERS/RAPIDS system down

The DEERS/RAPIDS system at the Military Personnel Flight will be down Feb. 5 and 6 for hardware and software upgrades. There will be no connectivity for the DEERS terminals at Cannon so no DEERS transactions or ID cards can be accomplished during this time. For more information, call 784-2094.

College registration

Registration for the spring semester at Clovis Community College is under way. Online and on-campus registration continues through Jan. 22. To register online, go to www.clovis.edu/register.

For more information, call 769-4025.

Morale calls

Morale calls must go through the new automated "Morale Minder" system. Families making morale calls can call 784-4228 for a personal identification number.

Clinic upgrades

The plumbing, heating and air conditioning systems at the medical group are being upgraded. These upgrades are expected to last through June 2007. During this time, minor delays, detours around the most direct route to the clinic and construction noises may be experienced. Some restrooms may be temporarily out of service and temperatures indoors may be cooler or warmer than normal.



NEWS FEATURES

Web site searches for uniform ideas

By Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON — Airmen will soon have a new avenue to make suggestions for Air Force uniform design and wear.

This spring, the Air Force plans to bring online a new Web tool called “eUniform.” The site will allow Airmen to submit their suggestions about uniform issues directly to Air Force Uniform Board members.

“This is really an effort to simplify the uniform board and suggestion process,” said Capt. Patrick Barger, with the Air Force uniforms programs branch. “This will allow the Air Force to save money, and at the same time, make the uniform-board process more accessible to all Airmen.”

Sometime around March or April, Airmen will be able to log in to the eUniform Web site through the Air Force Portal. After inputting information such as their name and unit, they can enter in detail their suggestions for uniform design and policy changes. Their suggestions must meet the approval of both their base and major command uniform-board representatives. If the suggestions clear those hurdles, they will go before the Air Force Uniform Board.

“Using the eUniform Web site will allow leadership to get a better sampling of how Airmen feel about the uniform and Air Force wear policies,” Captain Barger said. “We think Airmen are more likely to log in to this Web site to share their ideas than they are to participate in a conventional, paper-based

suggestion process.”

The eUniform site does more than just collect, collate and archive every uniform suggestion made by Airmen. The site also allows members of the uniform board to collaborate virtually when deciding what suggestions will be submitted for review to the Air Force chief of staff.

The Air Force Uniform Board typically includes a representative from each of the major commands, experts in uniform wear and design, members of the Headquarters Air Force personnel community and the chief master sergeant of the Air Force. In the past, those members would meet in Washington, D.C., to discuss and approve or disapprove uniform changes that had been submitted.

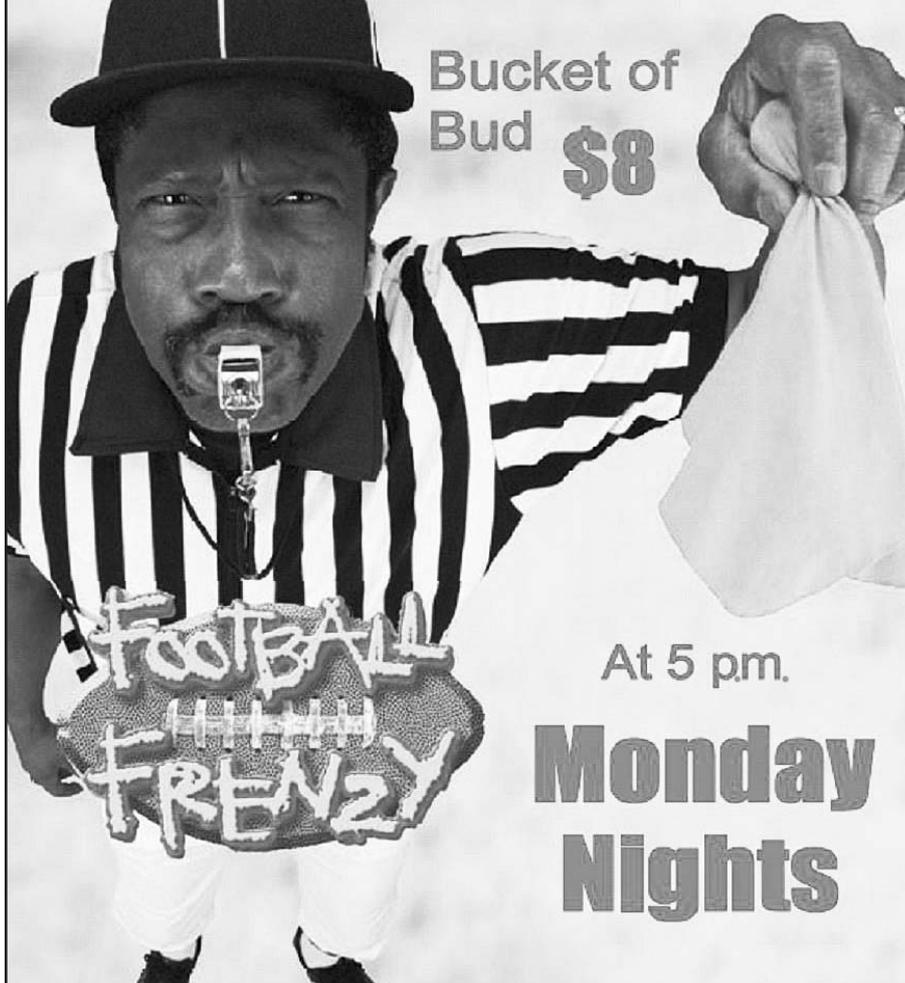
“Requiring the uniform board members fly to Washington was actually very costly,” Captain Barger said. “That cost, coupled with the time factor and inconvenience to board members, slowed down the review process and also limited the number of uniform boards held each year.”

The eUniform software allows board members to collaborate online, meaning they don’t have to fly to Washington to make decisions. Instead, board members can spend a few days at the convenience of their schedules, a few times a year, reviewing, commenting on and ultimately making decisions about uniform suggestions.

Captain Barger said the time saved will eventually allow the Air Force to convene multiple uniform boards each year.

SUNDAYS Doors open at 10pm

Watch up to 10 different games
Play QB1 on NTN and win prizes



COURTESY GRAPHIC



What's happening?



Today

Biggest Loser – Sign up at the Health and Wellness Center

Seafood Buffet – 11 a.m. at The Landing

Nachos and “Nacho Libre” – 5 p.m. at the Portales Community Center

Teen Chillin’ – 7 p.m. at the Clovis Community Center

Latino Night DJ – 7 p.m. at the End Zone

Saturday

Teen Ski Trip – All day with the Youth Center

Ski Sipapu – 5 a.m. with Outdoor Recreation

Chicago Dogfight Golf Tournament – 9 a.m. at the Whispering Winds Golf Course

Buddy Night – 6 p.m. at Cannon Lanes

Sunday

NFL Football – 10 a.m. at the End Zone

Dart League – 6:30 p.m. at the End Zone

Monday

Many Services facilities are closed in observance of Martin Luther King Jr. Day. Make sure to call ahead.

Homestyle Buffet – 11 a.m. at The Landing

Football Frenzy – 6 p.m. at the End Zone

Tuesday

Chef’s Choice – 11 a.m. at The Landing

Coloring Contest – 4 p.m. at the Clovis Community Center

Pool Tournament – 4 to 6 p.m. at the Portales Community Center

Wednesday

International Buffet – 11 a.m. at The Landing

School Daze Special – 1:30 p.m. at Cannon Lanes

Cookie Decorating – 4 to 6 p.m. at the Portales Community Center

Wild Wednesdays – 9 p.m. at Cannon Lanes

Thursday

Story Time – 10:30 a.m. at the Cannon Library

Chess Club Casual Play – 6 p.m. at the



COURTESY GRAPHIC



FEATURE

Communication gurus upgrade base networks

Story and photos by Master Sgt. Mitch Gettle

376th Air Expeditionary Wing Public Affairs

MANAS AIR BASE, Kyrgyzstan — The mission of the 376th Air Expeditionary Wing is to move fuel, people and cargo into Afghanistan in support of Operation Enduring Freedom.

This mission has been the same since the base was first activated. One other constant has been the base telephone network, which has been overdue for a replacement.

“When the base was first stood up they put in tactical telephone equipment, which works well to get a base up and operating quickly, but is not meant for long-term use,” said Lt. Col. Raan Aalgaard, 376th Expeditionary Communications Squadron commander. “The bottom line when we deploy is to get the communications going, but these [tactical] systems are what the base has been running on for four or five years now. We need to move into more of a sustained communications environment.”

With assistance from Central

Command Air Forces, the wing has received a new telephone switch that is similar to ones used at bases in the U.S.

“It is much more robust with more capability and reliability than we have now,” said Colonel Aalgaard, who is deployed from the 2nd CS at Barksdale Air Force Base, La. “It will be more stable, easier to maintain and provide additional services.”

In the change, the base populace receives new seven-digit DSN numbers beginning with a 441 designation and new four-digit extensions on all phones.

“The cutover process will take about seven days and we expect to be completed by Tuesday,” said Capt. Robert Nichols, the 376th ECS Plans and Programs Flight chief, deployed from the 46th Test Group at Holloman AFB, N.M. “We are working nights to make this happen and our goal is to have a limited impact on the mission.”

Every phone line has its own wire pair and each pair must be cut and spliced over to the new telephone switch, Captain Nichols said.

“We have an engineering and installation team here to help put the system on line,” Colonel Aalgaard said. “They bring a lot of experience to our cutover team and have been doing a super job; we’re thrilled to have them here.”

Work on this project also is completed behind the scenes and by many members in other base organizations.

“The unit client support administrators are very important in this phone-number change process,” said Tech. Sgt. Kent Keiser, base information management functional manager. “This process requires a lot of attention to detail. We rely on them for accurate and timely information updates.”

“I am responsible for updating the master telephone spreadsheet and coordinating with the CSAs to make sure the information



Staff Sgt. Mario Mejia loosens a telephone line splice case in order to feed the line cables into the ends of the case at Manas Air Base, Kyrgyzstan. Sergeant Mejia is one of the five engineering and installation team members helping the 376th Expeditionary Communications Squadron transfer all DSN numbers to the new telephone switch. Sergeant Mejia is deployed from the 272nd Engineering and Installation Squadron at Laporte, Texas.

is correct,” said Sergeant Keiser, deployed from Headquarters Air Combat Command Safety at Langley AFB, Va. “Sometimes it’s been challenging because there are so many offices and so few CSAs on the base, but we couldn’t accomplish this without the support from other people on base.”

The new system not only gives the wing a better telephone system, but also provides greater organization and control of the telephone system.

“This new system significantly improves our switch operations and management capabilities,” said Colonel Aalgaard. “It will provide much more stability than our current tactical systems and better management analysis tools, improving our abilities to analyze system performance and telephone call traffic.”

The communications squadron is also installing a new fiber optic cable system to be used as a solid foundation

for the computer network.

“Once we are complete with the telephone switch, we will be starting to migrate the network over to the new fiber-optic backbone,” Colonel Aalgaard said. “The base customers will see increased speed on the network within the base, but we will still have limitations going on and off base, because the bandwidth over the satellite is not changing.”

Some benefits of the new fiber optics have already been realized by Manas AB people.

“We’ve used available fiber-optic cable that will not be required for the computer network to expand our [American Forces Network] coverage to all the dormitories,” Colonel Aalgaard said. “This has freed up satellite decoder boxes and dishes so they can be relocated to the more remote locations on base where they didn’t have AFN access before.”



David Grace, a 376th Expeditionary Communications Squadron contractor, uses a tool to connect phone lines from one line block to another at Manas Air Base, Kyrgyzstan. The tool terminates telephone line cuts by securing the copper to the phone block.

Unit Spotlights

Congratulations Cannon STEP promotees



COURTESY PHOTO

Master Sgt. Roddy Martin,
27th Civil Engineer Squadron
presented by Brig. Gen. Robin Rand, 332nd Air Expeditionary Wing commander



PHOTO BY SENIOR AIRMAN HEATHER REDMAN

Tech. Sgt. Matt Burgess,
27th Mission Support Squadron
presented by Col. Scott West, 27th Fighter Wing commander



PHOTO BY SENIOR AIRMAN HEATHER REDMAN

Tech. Sgt. Vanessa King,
27th Fighter Wing Administration
presented by Col. Scott West, 27th Fighter Wing commander

Cannon Communications and Information Award Winners

Master Sgt. Cynthia Mateka,
27th Fighter Wing Administration,
Outstanding Information Manager,
(Noncommissioned officer Category)

Senior Airman Jonathan Martinez-Paez,
27th Fighter Wing Administration,
Outstanding Information Manager,
(Airman Category)

 **CANNON AIR FORCE BASE CHAPEL**

Chapel services

CATHOLIC

- Religious Education 9:15 a.m.
- Sunday (grades K-6)
- Sunday Mass 10:30 a.m. and 5 p.m.
- Reconciliation 9:30 a.m.
- Weekday Mass (M,W,F) 12:05 p.m.
- Edge/LifeTeen youth ministry 6 p.m.
- Sunday (grades 7-12)

PROTESTANT

- Contemporary 9 a.m.
- Sunday School 10:30 a.m.
- Gospel 12 p.m.

For more information about other programs or other faith groups, call the chapel office at 784-2507.

At the Movies

The Cannon Theater is located on Torch and Ingram.
Movie prices are \$3.50 for adults, \$1.75 for children and \$1 for all viewers Thursday..

Unaccompanied Minors

Today at 6 p.m. and Saturday at 2 p.m.

Description: Starring Wilmer Valderrama and Dyllan Christopher.
It's Christmas Eve and a huge blizzard has just shut down the airport, threatening to ruin holiday plans for all stranded travelers. Snowed in en route to their father's house, two "Unaccompanied Minors," Spencer and his little sister, Katherine, are ushered to the airport's Unaccompanied Minors' Room. With the airport's peevish Passenger Relations Manager Oliver Porter, his lackey assistant Zach Van Bourke and every airport security guard hot on their trails, this group of minors, from cliques that don't normally mix, learn to ditch their differences and help each other flee the clutches of airport authority.
PG – rude humor and language
Running Time – 89 min.

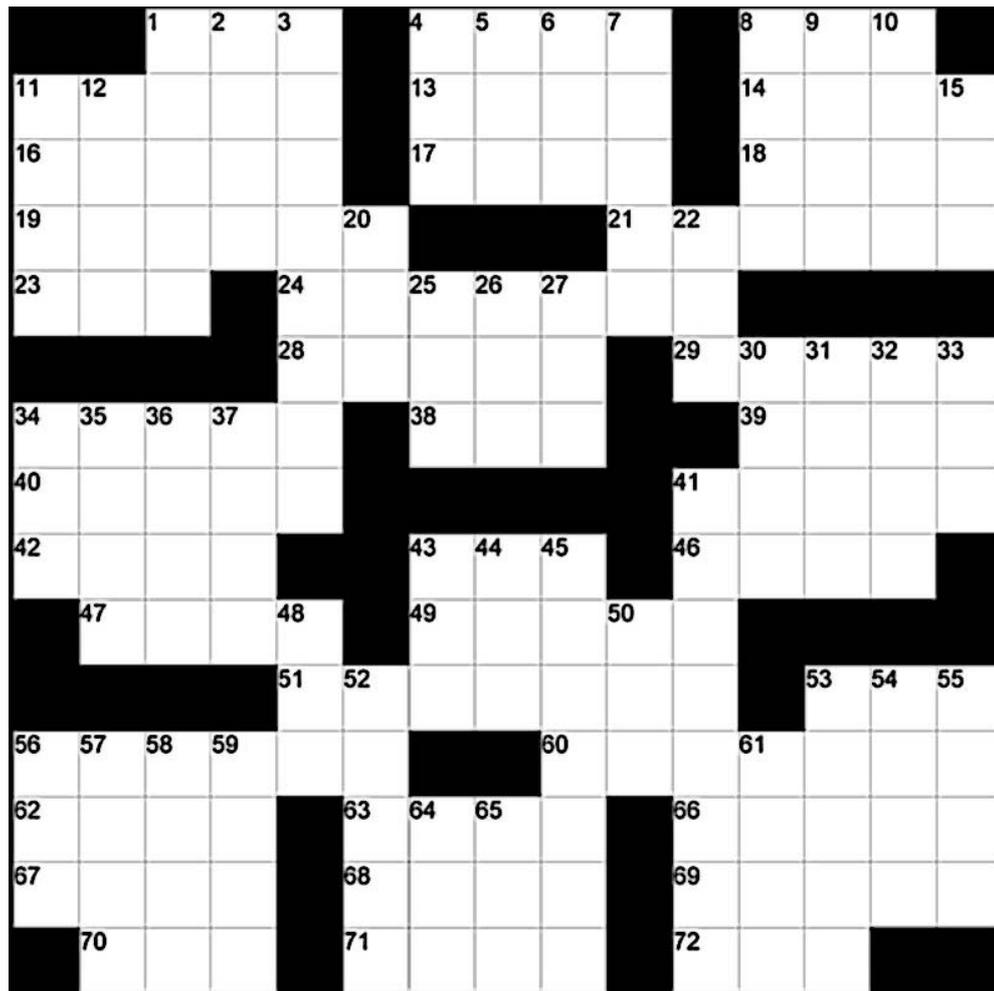
Casino Royale

Saturday at 6 p.m., and Sunday at 6 p.m.

Description: Starring Daniel Craig and Judi Dench.
James Bond's first 007 mission takes him to Madagascar, where he is to spy on a terrorist Mollaka. Not everything goes as planned and Bond decides to investigate, independent of the MI6 agency, to track down the rest of the terrorist cell. Following a lead to the Bahamas, he encounters Dimitrios and his girlfriend, Solange. He learns that Dimitrios is involved with Le Chiffre, banker to the world's terrorist organizations. The marathon game proceeds with dirty tricks and violence, raising the stakes beyond blood money and reaching a terrifying climax.
PG-13 – violent action, torture, sexual content and nudity
Running Time – 98 min.



THE LIGHTER SIDE



Air Force leaders

By Capt. Tony Wickman
71st Flying Training Wing Public Affairs

Across

- 1. U.S. Army org., once
- 4. Inspector General (SAF/IG)
- 8. Op and Deco
- 11. Shatter
- 13. Native maid or nurse in India
- 14. Strategic Plans and Programs (A8)
- 16. Heart chamber
- 17. "Pistol ___;" basketball legend Maravich's nickname
- 18. Actor Jared
- 19. Guest
- 21. Condense
- 23. USAF commissioning source
- 24. Intelligence (A2)
- 28. Beer type
- 29. Judge Advocate General (AF/JA)
- 34. Secretary of the Air Force (SAF/OS)
- 38. ___ Arbor
- 39. 80s music group
- 40. Ebullient
- 41. Tropical eel
- 42. Soda machine opening
- 43. Appendage
- 46. Tribe
- 47. Major or Minor

- 49. Used to stop an airplane tire
- 51. Huge statues
- 53. Dancing with the Stars Carrere
- 56. Director of Communications (SAF/CM)
- 60. Ira ___; 1970s counterculture icon, killer
- 62. Fits to ___
- 63. Knob
- 66. Trained in a classical or operatic tradition
- 67. Profoundly wise person; a person famed for wisdom
- 68. Great Lake
- 69. Delete
- 70. Undermine
- 71. ___ Martin; cognac maker
- 72. Affirmative

Down

- 1. Tips off
- 2. Movie dog
- 3. Air, Space and Info Operations, Plans and Requirement (A3/5)
- 4. Sabotage
- 5. Vote in favor
- 6. Small rug
- 7. Turtle's home
- 8. Leather working tools
- 9. Performs
- 10. Coddle
- 11. Mil. travel org.
- 12. Champagne type
- 15. Wear
- 20. Afternoon beverage

- 22. Hearing organ
- 25. Tiger Woods' org.
- 26. X to Caesar
- 27. Ornate vase
- 30. American
- 31. Designer Wang
- 32. Actress ___ Rachel Wood
- 33. Bean type
- 34. Director Craven
- 35. River separating DPRK and PRC
- 36. The Killing Fields Best Supporting Actor
- 37. New Jersey team
- 41. Chief Master Sgt. of the Air Force (CMSAF)
- 43. Site of common sports injury, in brief
- 44. Greek letter
- 45. Air Force Chief of Staff (AF/CC)
- 48. Pilot with 5+ kills
- 50. CBS TV show
- 52. More aged
- 53. Roman garb
- 54. Eye part
- 55. Poker bet
- 56. ___ Vegas
- 57. Greek letters
- 58. Under Secretary of the Air Force (SAF/US)
- 59. Leak
- 61. In this place
- 64. Fury
- 65. ___ High

ANSWERS ON PAGE 20



SPORTS AND HEALTH

Academy Falcons go 1-3 at Texas wrestling meet; Pittsburgh next stop

Courtesy of Air Force Print News

GRAND PRAIRIE, Texas — The Air Force wrestling team went 1-3 at the Lone Star Duals Jan. 6, defeating Brown, 18-13, while falling to No. 4 Oklahoma State, No. 1 (Division II) Central Oklahoma and No. 19 Wisconsin.

The Falcons are now 2-4 on the season.

Air Force began the day against fourth-ranked Oklahoma State. Notching the lone win for the Falcons in the 40-5 loss was junior Zach Valdez (Parker, Colo.), who recorded a tech fall over Chad Ravannack.

In its second match of the day, Air Force was shut out, 38-0, by Central Oklahoma, the top-ranked Division II team in the country.

The Falcons grabbed their first team victory of the day against Brown, winning 18-13. Freshman Stephen Makuka (Tampa, Fla.) picked up an 11-10 decision at 133

pounds, while junior Jake Kriegbaum (Abilene, Kan.) followed with a 6-4 decision at 141.

Senior Bridger Lord (Missoula, Mont.) gave the Falcons another decision at 149 pounds, winning 8-6.

Air Force picked up three more decisions in the win, with sophomore Stephen Crozier (Monona, Iowa) winning 7-2 at 174, Jacob Devlin, Jr. (Livingston, N.J.) getting an 8-2 decision at 184 pounds and sophomore Jordan Tribble (Midwest City, Okla.) picking up the 5-2 win at 197.

The day ended for Air Force against 19th-ranked Wisconsin. Getting the victories for the Falcons were Lord and junior Duane Miller (Bellevue, Idaho). Lord notched a 16-10 decision at 149 pounds, while Miller picked up the 11-10 win at 165 pounds.

The Falcons return to action in two weeks, when they visit Pittsburgh on Jan. 20, followed by the Wendy's Duals on Jan. 21.



AF SERVICES
Fitness & Sports

Spin-A-Thon ⁷⁸⁴⁻²⁴⁶⁶

January 20

11:30 a.m. to 1:30 p.m.

Only the first 15 to sign up will be accepted.

11:30 a.m. to 12:30 p.m. will be taught by Julie Bizer,

12:30 to 1:30 p.m. will be taught by Master Sgt. Drake Davidson.

Snacks and prizes available to all who ride the entire two hours.

COURTESY GRAPHICS

AF SERVICES
Fitness & Sports

Final sign up today at the Health and Wellness Center

784-2466

Mon-Thurs 5 a.m. to 2 a.m.

Fri 5 a.m. to 11 p.m.

Sat-Sun 7 a.m. to 6 p.m.

Cannon's Biggest Loser

Jan 2 - Feb 28

Teams consist of four people. Everyone must weigh in at the Health and Wellness Center by the end of today. Team members will be re-weighed Feb. 24-28 at the HAWC. The team with the greatest percentage of body fat loss will be "Cannon's Biggest Losers" and win prizes. Nutrition and fitness tips will be sent once a week to all participants. Participants must be members of the Cannon community, military or civilian. Call 784-2466 or 784-1003 for more information.





SPORTS SHORTS



Turn slip in to the Public Affairs office by 4:30 p.m. today. They are located in Bldg 600, suite 1099.

The participant who picks the most winners will win a free large one-topping pizza from the End Zone. The name will be announced next week.

Division Playoffs

Saturday

Philadelphia vs. New Orleans 6 p.m. Fox
 Indianapolis vs. Baltimore 2:30 p.m. CBS

Sunday

Seattle vs. Chicago 11 a.m. Fox
 New England vs. San Diego 2:30 p.m. CBS



Football Genie

Total Sunday points (tie breaker) _____

Name/Unit/Phone

Circle winners and turn into Public Affairs by 4:30 p.m. today.
 Congratulations to Richard Ault, 27th Fighter Wing Protocol, Master Sgt. David Steele, 27th Fighter Wing Safety, and Suzanne Oswald on winning over the holidays.

Cannon Lanes 784-2280

Cannon Lanes will be closed Monday in observance of Martin Luther King Jr., Day.

Buddy Night — from 6 p.m. to midnight Saturday bowl. Bring a buddy and receive half off the price of the second and third games.

The first game is the full price of \$2.

Wednesday Specials — Students receive discounts from 1:30 to 4:30 p.m. Wednesdays in January. Bowl four games and receive free shoes and a drink for \$5.

Adults can bowl as many games as possible from 6 to 9 p.m. for \$5 per person.

Youth Center 784-2747

Youth activities for 'Tweens (ages 9-12) and Teens (ages 13-18)

- Today — Billiards and Aerobics
- Saturday — Tennis
- Tuesday — Scooter Softball
- Wednesday — Musical Hoops
- Thursday — Pirate Ball

Whispering Winds

Golf Course 784-2800

Chicago Dogfight Golf Tournament — 9 a.m. shotgun start with a \$15 entry fee. Three-person teams are assigned point quotas based on their handicap. The team that scores

the most points over their assigned team quota wins.

Senior Days — Senior golfers, 50 years and older, receive \$2 off daily green fees and 50 percent off electric cart rentals on Monday and Friday.

Member First discounts — 10 percent discount off annual, quarterly and monthly greens fees. Half-off club rentals. \$2 off cart rental for 18 holes.

Fitness Center 784-2466

Spin-A-Thon — The first 15 people to sign up will be accepted. The 11:30 a.m. to 12:30 p.m. session will be taught by Julie Bizer, Master Sgt. Drake Davidson will head the 12:30 to 1:30 p.m. session. Snacks and prizes will be available for participants who ride the entire two hours. Sign up by Thursday.

