Section 4: Non-medical Attendant (NMA)

- NMAs are individuals authorized to accompany a patient during transportation. The attendant is not required to be TRICARE-eligible, and may be a parent, spouse, guardian, or other member of the patient's family 21 years or older.
- If a NMA is warranted, a written letter from the primary care manager is required prior to travel and the MTF Medical Chief of Staff is required to approve/disapprove if it's establish medical necessity.
- DoD employee or service member serving as a NMA: It is the responsibility of the qualifying NMA to arrange absences with his/her unit or duty station chain of command.
- Non-DoD personnel serving as a NMA:
- Reimbursed will be at actual expenses incurred receipts will be required.
- It is understood that patients under the age of 18 would need a NMA.

Please visit the TOPA office located on the 2nd floor prior to NMA travel.

Section 5: Important Facts

Per Diem Entitlements:

- Beneficiaries must be aware of the allowed entitlements for each trip.
 Expenses exceeding per diem limits will not be reimbursed.
- Per diem entitlements will be different for active duty and non-active duty beneficiaries.
- Documentation to complete a travel voucher:
 - ♦ Referral authorization
 - ♦ Proof of appointment
 - ♦ NMA letter (as applicable)
 - ♦ Lodging receipt (as applicable)
 - All other receipts—dependents only (as applicable)
- Elective Surgery: Travel reimbursement cannot be claimed
- Referral Changes Provider/Location:
 If a beneficiary chooses to change their authorization to another provider/
 facility, when care is available locally, travel reimbursement is forfeited.



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Referral and Patient Travel Guidance

Referral Management Contact Number:

575-784-2778, option 5, option 3, then 1

Patient Travel Contact Number:

575-784-2778, option 5, option 3, then 2

Located on the 2nd floor of the clinic

Hours of Operation:

Monday—Friday 0730—1630

Closed the 1st Friday of the month for training

Section 1: Initial Referral Process

- Once your primary care manager (PCM) advises that a specialty referral was submitted, please visit the TOPA Office located on the 2nd floor of the medical treatment facility (MTF) to activate your referral.
- •Your referral information will be posted in your account (on **Tricare-west.com**, please view section 2 "Referral Authorization Retrieval Process) within 5-7 days.
- If you have issues scheduling your appointment or with you the referral process, contact the Referral Management Office at (575) 784-2778, option 5, option 3, then 1.



Section 2: Referral Authorization Retrieval Process

Login or register your beneficiary account at www.tricare-west.com to access the beneficiary portal.



- The referral authorization will provide the following information:
 - ♦ Referred provider name
 - ♦ Referred provider contact number
 - ♦ Referred provider address
- You may also call TRICARE West at 1-844-866-9378 to request your referral information by mail or over the phone.

Section 3: Patient Travel Guidance

- If you were referred outside of the 100 miles from the MTF. You can request for travel reimbursement.
- •TRICARE Prime Travel Benefit reimbursement requirements:
- ♦ TRICARE Prime enrollment
- ♦ Current specialty care referral
- Patient is traveling more than 100 miles away from the MTF
- Active duty patients: Must retain receipts for lodging
- Non-active duty patients:
- Report to the Patient Travel Office to initiate travel orders
- Must provide receipts for all incurred costs (i.e. meals, lodging)
- Reimbursement is limited to the local per diem rate.
- All patients will submit travel vouchers within 5 business days upon completion of their medical travel.

